



ROYAL COLLEGE
of PODIATRY

Utilising POMS in Clinical Practice

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Key Legislation History

Body text

- 1980 Legislation for LA
 - 1998 Co-dydramol, Ibuprofen, Amorolfine lacquer & cream, topical hydrocortisone cream
 - [POM S syllabus introduced to undergraduate courses](#)
 - 2000 PGDs introduced
 - 2005 Introduction of SP
 - 2006 Flucloxacillin, Amoxicillin, Erythromycin, Tioconazole, Silver Sulfadiazine Adrenaline
 - 2013 Introduction of IP
 - 2015 Addition of CDs Diazepam, lorazepam, Temazepam and Dihydrocodeine (Oral)
 - 2023 Codeine and its compounds exemption legislation corrected.
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- Methylprednisolone without / with LA for injection
 - Signed Order Provision

What annotations have you got?

- POM A
- POM S
- SP
- IP
- PS
- Use of PGD's?

Current annotations

	Registrants		Percentage
Podiatrists on register	11866		
Podiatrists with POM A	10404		88
Podiatrists with POM S	7079		68
Podiatrists with SP	809		8
Podiatrists with IP	766		7
Podiatrists with PS	108		
Physios on register	74504		
Physios with SP	2800		4
Physios with IP	2736		4

Administer and Supply

POM A

- Adrenaline
- Bupivacaine hydrochloride +/- adrenaline
- Levobupivacaine hydrochloride
- Lidocaine hydrochloride +/- adrenaline
- Mepivacaine hydrochloride
- Prilocaine hydrochloride
- Ropivacaine hydrochloride

- Methylprednisolone,

POM S

- Amorolfine hydrochloride
- Amorolfine hydrochloride lacquer
- Amoxicillin,
- Co-Codamol, Co-dydramol 10/500 tablets, Codeine Phosphate,
- Erythromycin,
- Flucloxacillin,
- Silver Sulfadiazine,
- Tioconazole
- Topical hydrocortisone where the maxim

CPD

- Regular updates required

Know your Penicillin's

- Ensure you remember
- Flucloxacillin and Amoxicillin are penicillin's and should NEVER be supplied to patients with a known Allergy.
- Erythromycin is a non penicillin alternative available under POM S.

Penicillin allergy & side effects

- **Skin.** hives, rash, itching, flushing or angioedema
- **Respiratory** Cough, shortness of breath, chest tightness, wheezing, throat closure, voice quality changes
- **Cardiovascular.** Hypotension, faintness, tachycardia, chest pain, tunnel vision, sense of impending doom, loss of consciousness
- **Gastrointestinal** Nausea, vomiting, abdominal cramping, diarrhoea

Costs

- Flucloxacillin 500mg 28 Capsules £2.21
- Amoxicillin 500mg 21 Capsules £1.51
- Erythromycin 250mg 28 Tabs £1.87

Documentation

- Clear detailed notes
- Reason for supply
- Drug, Dose, Frequency, route,
- Note allergy status including penicillin's.
- Method of supply :- from Stocks or via Written Order to pharmacy

Patient Advice and Pack Labeling

- Be familiar with the patient information leaflet
- Name of Patient
- DOB
- Instructions on use

Storage of medicines

- Cool place
- Locked cupboard
- Codeine and its compound meds.....potential risks,
- Signed order provision provides an audit trail.

RCOP & RPS Quick Reference Guide (2016)



Supply of medicines to podiatrists and their patients A QUICK REFERENCE GUIDE

Why is this important to you?

Podiatrists (also known as chiropodists) can obtain some medicines from a registered pharmacy for onward sale, supply or administration to patients in the course of their professional practice.

Selected medicines can also be supplied directly to patients by the pharmacy upon receipt of a signed order written by a podiatrist.

What this guidance will tell you

This guidance provides information on the medicines that can be supplied to a podiatrist and their patients. It also explains how to check the registration of a podiatrist.

Registered Podiatrist

You can check the podiatrist is registered on the Health Professional Council (HPC) register online at <http://www.hpcpc.uk.org/check>, or call 0845 300 6184.

In order for you to legally make the supply, the podiatrist needs to be registered and have the appropriate annotation on the register.

Other Annotations

Prescription Only Medicines - sale/supply

The (prescription only medicines - sale/supply) annotation means the podiatrist is qualified to sell, supply or administer selected POMs (see table 1). Pharmacists can sell or supply these to podiatrists and directly to a patient via a signed order.

Prescription Only Medicines - administration

The (prescription only medicines - administration) annotation means the podiatrist is qualified to administer certain prescription only medicines including a range of local anaesthetics and adrenaline as part of their professional practice. (see table 3)

Supplementary prescriber (SP)

The (SP) annotation means the podiatrist is able to prescribe medicines to patients as part of a 'clinical management plan'. This is a plan agreed between the supplementary prescriber and a doctor and the patient.

Independent Prescriber (IP)

The (IP) annotation means the podiatrist is able to prescribe any medicine (not including Controlled Drugs) within their scope of practice and legislation.

Podiatrists (IPs) can also prescribe the following Controlled Drugs for organic disease, however they are unable to possess or supply (see [Home Office Circular](#))

- Temazepam (oral)
- Lorazepam (oral)
- Diazepam (oral)
- Dihydrocodeine (oral)

Supply of medicines

The MHRA have published a statement of guidance to enable small quantities of medicines to be supplied on an occasional basis to meet patients needs. (see full [MHRA statement](#).)

Which medicines can be supplied to the Podiatrist?

Selected POMs (table 1), selected Ps and all GSLs (table 2) can be supplied to a podiatrist from a registered pharmacy for them to sell/supply or administer to their patients.

Supplying directly to a patient on a signed order from a podiatrist

Registered podiatrists with annotation 'Prescription Only Medicines - sale/supply' are able to write a signed order which allows pharmacists to supply selected POMs (table 1) directly to the patient. The medicine requested must be a medicine that can be legally sold or supplied by the podiatrist rather than one which the podiatrist can only administer. This supply against a signed order allows for increased flexibility and improved access.

Signed order requirements

- Signed by podiatrist
- Medicine requested is listed in table 1

Also recommended:

- Date the order was written
- Podiatrist details
- Patient details
- Purpose of order

It is important to remember that a signed order is not a prescription, therefore the usual prescription requirements would not be needed. However, you should be satisfied the podiatrist has provided sufficient advice to enable the patient to use the medicine safely and effectively. We would recommend as good practice that you label the medicine with a dispensing label, provide a patient information leaflet and counsel appropriately.

The sale or supply should be recorded in the POM register.

Please enter your details in the field below or utilise your practice stationery

Podiatrist name:

Practice name and address:

Practice phone number:

The above named podiatrist holds registration with the Health and Care Professions Council (HCPC) and holds POM-5 annotation -- Registration Number: CH

Order in accordance with Parts 1 and 3 of Schedule 5 to the POM Order (the Prescription Only Medicines (Human Use) Order 1997 (SI 1997 No 1830))

To the Pharmacist

Please supply to:

Patient name:

Patient address and postcode:

Patient date of birth:

Medicine(s) to be dispensed against the written order (specify quantity, form, strength dosage and any required labelling directions):

Signed: → → → → → → → → Print name: →

Date:

Note to Pharmacists:

HCPC Registration can be checked at <https://www.hcpc-uk.org/check-the-register/>

Royal Pharmaceutical Society guide to supplying medicines to podiatrists and their patients

<https://www.rpharms.com/resources/pharmacy-guides/supplying-medicines-to-podiatrists-and-their-patients>

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Signed Order Template Letter

Signed Order Requirements

- Signed by the Podiatrists
- Medicine listed in Table
- Date of the order
- Podiatrist's details (inc HCPC number)
- Patient details
- Purpose of the order

Codeine and its compounds

- Controlled drugs
- Greater control both Medicines and Home Office regulations
- Audit of supply
- Potential for misuse

Adrenaline for emergency use

- 0.5ml 1:1000
- Delivered IM
- Every 5 mins
- Adrenaline 1:1000 10 Ampules £11.81

Steroid injections (POM A)

- Injection Therapy Course is required of indemnity
- Depo-medrone 40mg £3.44 per vial
- Depo-medrone with lidocaine 40mg/10mg £3.44 per vial

- Thank you
- Questions

