

Wednesday 17 March

08.50 Delegates enter lobby area

08.55-11.20 OPENING SESSION

08.55 Welcome Sally Feeney, Conference Chair, Consultant Podiatric Surgeon, West Middlesex Hospital

09.00 Opening address Steve Jamieson, Chief Executive and General Secretary, The College of Podiatry

9:10 Keynote speaker: Teamwork, leadership, motivation & performance under pressure John Neal, Head of Coach Development England & Wales Cricket Board (ECB)

Hallux valgus – An evidence-based review

Chair: Ben Yates, Consultant Podiatric Surgeon, Great Western Hospital NHS Foundation Trust

9.50 Disproportionate pain in early hallux valgus: A diagnostic and therapeutic challenge Dr Tim Kilmartin, Consultant Podiatric Surgeon, Ilkeston Hospital

10.10 "It's straight but my joint won't move": HAV correction in the presence of OA Anthony Maher, Consultant Podiatric Surgeon, Nottinghamshire Healthcare NHS Foundation Trust

10.30 Problems and solutions for poor sagittal plane alignment following bunion surgery Ewan Kannegieter, Consultant Podiatric Surgeon, Provide CIC

10.50 Scarf Osteotomy – Why does it still hurt? John Bramall, Consultant Podiatric Surgeon, Essex University Partnership (NHS) Trust – EPUT

11.15 Live questions and discussion

11.20 Comfort Break and Supporter's equipment demo/knowledge share session

11.55 Independent prescribing update: Safe use of peri-operative anti-coagulation

Dr Sharon Rees, Associate Professor in Therapeutics and Prescribing, London South Bank University

13.00 Comfort Break and Supporter's equipment demo/knowledge share session

13.50-14.50 Complex cases – panel discussion

Chair: Trevor Prior, Consultant Podiatric Surgeon, Homerton Hospital Foundation NHS Trust

Panelists:

■ Mark Tagoe, Consultant Podiatric Surgeon, West Middlesex University Hospital

■ Anthony Wilkinson, Consultant Podiatric Surgeon, Doncaster & Bassetlaw Hospitals

■ Ben Yates, Consultant Podiatric Surgeon, Great Western Hospital NHS Foundation Trust

■ Dr Coleman Clougherty, DPM, AACFAS, Adjunct Professor in Foot & Ankle Surgery, Kent State University College of Podiatric Medicine, USA

14.50 Comfort Break

OPEN SESSION: Surgery taster session – free for all podiatrists/juniors and students

15.00 Assessing the painful foot: The surgical sieve - Anthony Joyce, Consultant Podiatric surgeon, Wye Valley NHS Trust Hereford

15.30 X-Ray ABCs - David Goyette, Specialist Registrar in Podiatric Surgery, Essex Partnership University NHS Foundation Trust

16.00 Incisional nail surgery for podiatrists– Ian Reilly, Consultant Podiatric Surgeon, Northamptonshire Healthcare NHS Foundation Trust

16.30 Managing the diabetic foot and when to refer to surgery – Ben Yates, Consultant Podiatric Surgeon, Great Western Hospital NHS Foundation Trust

17.00 Q&A discussion with all speakers

17.15 Close of session

17-19 MARCH 2021 ONLINE CONFERENCE PROGRAMME**Thursday 18 March**

08.50 Delegates enter lobby area

08.55-10.30. Legal Considerations

08.55 Welcome *Sally Feeney, Conference Chair, Consultant Podiatric Surgeon, West Middlesex Hospital*

Chair: *Anthony Joyce, Consultant Podiatric Surgeon, Wye Valley NHS Trust Hereford*

09.00 Lessons from 40 years in aviation - Human factors, just culture and challenging hierarchy *Captain Mike Davidson, British Airline Pilots' Association*

09.45 When the solicitor's letter arrives..... *Gary Boon Consultant Podiatric Surgeon, Rotherham NHS Foundation Trust*

10.05 Record keeping, social media, GDPR: Common pitfalls *Claire Petts, Head of Healthcare, Clyde & Co*

10.25 Questions and discussion

10.30 Platinum sponsors session

11.15 Comfort Break and Supporter's equipment demo/knowledge share session

11.45 How do we prove our worth? How to bid for research monies and funding opportunities for NHS staff

- 12.15 *Jill Halstead, NIHR/HEE Bridging Research Fellow & Advanced Podiatrist at Leeds Community Healthcare NHS Trust, Visiting Research Fellow at University of Leeds, Co-founder and Co-chair MSKUK*

12.15 Comfort Break and Supporter's equipment demo/knowledge share session

13.15-14.45 Biomechanics and surgery – how surgery can impact function?

Chair: *Mark Tagoe, Consultant Podiatric Surgeon, West Middlesex University Hospital*

13.15 Joint function and the effects of fusion on gait

Trevor Prior, Consultant Podiatric Surgeon, Homerton Hospital NHS Foundation

13.55 Uncorrected ankle equinus and its impact on flat foot surgery

Dr Christina Pratt, DPM, AACFAS, Assistant Professor in Foot & Ankle Surgery, Kent State University College of Podiatric Medicine, USA

14.15 Lapidus: Is frontal plane correction important?

Richard Green, Consultant Podiatric Surgeon, Wye Valley NHS Trust

14.35 Questions and discussion

14.45 Comfort Break and Supporter's equipment demo/knowledge share session

15.10 Current research interests and papers

Chair: *David Goyette, Specialist Registrar in Podiatric Surgery, Essex Partnership University NHS Foundation Trust*

15.10 Repair of post traumatic peroneal subluxation

George Flanagan, Consultant Podiatric Surgeon, Northamptonshire Healthcare NHS Foundation Trust

15.30 Reoperation and mortality rates associated with forefoot limb salvage surgery: A retrospective review

Robyn Carter-Wale, Specialist Registrar Podiatric Surgery, Central London Community Healthcare NHS Trust

15.40 Case Study – Treatment of 5th MTPJ septic arthritis with antibiotic impregnated bone cement

Kerry Clark, Specialist Registrar Podiatric Surgery, University Hospitals Birmingham NHS Foundation Trust

15.50 Service evaluation - Hintegra total ankle replacement: Survivorship analysis, clinical outcomes and satisfaction rates.

Derek Protheroe, Trainee in Podiatric Surgery, Wye Valley NHS Trust

16.00 First metatarso-cuneiform joint fusion utilizing the IO Fix - a retrospective case study

Jared Green, Registrar, Sussex Foundation Trust

16.10 Lateral column lengthening: The 'Ragnarok' effect *Ravi Krishān Modha, Podiatric Surgeon, West Middlesex University Hospital*

16.30 Questions and discussion

16.45 Fellowship awards ceremony

17.00 Close

17-19 MARCH 2021 ONLINE CONFERENCE PROGRAMME

Friday 19 March

08.30 lobby area

8.40 Welcome

Suzy Speirs, Consultant Podiatric Surgeon, Central London Community NHS Healthcare Trust

Podiatric surgery debates

Chair: Mark Tagoe, Consultant Podiatric Surgeon, West Middlesex University Hospital

8:45 **Decompression of 1st metatarsal osteotomy to treat Hallux Limitus: Is there a place for it?**

For: Ian Beech, Consultant Podiatric Surgeon, St George's Universities Hospitals NHS Foundation Trust

Against: Tommy Chan, Specialist Registrar in Podiatric Surgery, Doncaster & Bassetlaw Teaching NHS Trust

9:45 **Painful bunion, asymptomatic flat foot – Treat both?**

For: Ryan McCallum, Consultant Podiatric Surgeon, Homerton University Hospital NHS Foundation Trust

Against: Mark Thurman, Consultant Podiatric Surgeon, Locala Community Partnerships

10:15 **Bunion surgery to manage 2nd MTPJ pain – Is it reasonable?**

For: Suzanne Taylor, Consultant Podiatric Surgeon, Sussex NHS Trust

Against: Stephen Hewitt, Consultant Podiatric Surgeon, Lewisham and Greenwich NHS Trust

10.45 **Comfort Break and Supporter's equipment demo/knowledge share session**

11.15-13.00 Lifestyle choices: Considerations for the surgeon

Chair: Matthew Cichero, Consultant Podiatric Surgeon, Great Western Hospital NHS Foundation Trust

11:15 **Low Carbohydrate diets and Type 2 Diabetes - is lower always better?** *Dr Linia Patel (PhD), Consultant Dietitian and Sports Nutritionist, Pure Sport Medicine, London*

11.40 **The influence of psycho-social factors on outcomes in rheumatology and rehabilitation** *Dr John Etherington CBE, Consultant in Rheumatology and Rehabilitation, Medical Director, Pure Sports Medicine London*

12.05 **Current issues and patient compliance** *Nicky Keay, Sports and Dance Endocrinologist, Honorary Fellow Dept Sport and Exercise Sciences, Durham University*

12.30 **Exercise intervention for bone health** *Dr Fergus Guppy, PhD Exercise Physiologist and Senior Lecturer in Human Physiology, University of Brighton*

12.55 **Questions and discussion**

13.00-14.30 **Comfort break and Sponsors session**

14.30 **Use of Platelet Rich Plasma injections in the treatment of MSK conditions – myth or magic**

Nat Padhiar, Consultant Podiatric Surgeon, University of London

15.10 **Comfort Break**

15.20 - 17.30 Managing complications

Chair: Madeleine Smither, Podiatric Surgeon, West Middlesex University hospital

15.20 **Isolated sesamoidectomy or dorsiflexory first metatarsal osteotomy for treatment of sesamoiditis**

Matthew Cichero, Consultant Podiatric Surgeon, Great Western Hospital NHS Foundation Trust

15.40 **"It looked good on the table" - dealing with the under-corrected bunion** *Jonathan Larholt, Consultant Podiatric Surgeon, Central London Community Healthcare NHS Trust*

16.00 **"I want my toe to touch the ground" Salvaging a non- functional/short toe post arthroplasty"** *James Alvey, Consultant Podiatric Surgeon, Spire Gatwick Park Hospital*

16.20 **Managing mal or non-union following lesser metatarsal osteotomy**

Natalie Tanner, Specialist Registrar in Podiatric Surgery, Great Western Hospitals NHS Foundation Trust

16.40 **"But I'm still in pain!" - recurrent neuroma or wrong diagnosis** *Steve Kriss, Consultant Podiatric Surgeon, London*

17.00 **Minimally invasive Chevron /Akin: To MIS or Miss?** *Anthony Wilkinson, Consultant Podiatric Surgeon, Doncaster & Bassetlaw Hospitals NHS*

17.20 **Closing address**

17.30 **Close of conference**