



ROYAL COLLEGE
of PODIATRY

CONFERENCE
HANDBOOK

ACC LIVERPOOL

ANNUAL CONFERENCE
AND EXHIBITION 2021

DELIVERING EXCELLENCE

18 - 20 NOVEMBER 2021



As proud Patron, I am delighted to welcome you to the Royal College of Podiatry's Annual Conference. I very much hope that you will enjoy this opportunity to benefit from one another's wisdom and experience.

Your members have always contributed enormously to patient care in this country and around the world – and you continue to do so. It is testament to your vital work that this year you were granted the title of "Royal College": an apt recognition of your remarkable achievements, and one on which I should like to congratulate you all.

I send you all my best wishes for an interesting and fruitful conference.



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Welcome to Liverpool 2021 and the first-ever Royal College of Podiatry (RCPod) National Conference. It is fantastic to be back meeting face to face and able to network, learn, share and socialise as a profession. The past 18 plus months have been some of the most challenging for us all personally and as an organisation. The ability of the College to adapt and continue to meet the needs of the profession has been a credit to all those on the Staff Team as well as the numerous committees made up of so many members who volunteer their time. I know, from reading and listening to you, that there remain many challenges ahead as we come out of recent restrictions and adjust to the ever-changing ways of working. As a professional body and as an organisation the RCPod will be there every step of the way.

The Conference Committee has drawn together a wonderful and diverse selection of speakers on so many exciting and, I am sure you will find, career-enhancing topics. It does show the variety of opportunities a career in podiatry can offer.

I know all the speakers themselves are keen to be able to deliver their talks without the medium of zoom, skype or teams and having that interaction, in person, will be one that they will enjoy as much as the audience listening to them.

We have so much to celebrate as a profession and the main one is now being a Royal College. The effort and commitment from so many were vital in achieving this but it is a truly collective success, as it is a reflection of podiatry as a whole in the UK, of which you are a part. Each member is a vital part of the wider community of podiatry which is what showcases to the wider health economy the change we make in patients' lives. Throughout the Covid-19 crisis, we saw this daily and not always necessarily in our traditional work roles and settings.

Celebrating success is important, but so too is preparing for the future, so vital to the achievement of our goals. Learning, developing and growing our skills as clinicians is fundamental to any health care profession and I am proud that once again we can stand and demonstrate our position as the premier guardian of podiatric education and teaching through this conference.

Once again welcome to Liverpool and our National Conference

Matthew Fitzpatrick, FRSPH, FRCPodM, FFPM RCPS(Glasg)
Conference Chair

CONTENTS

Programme	4-12
Conference information	14-15
Exhibition list	16
Exhibition plan	17
Exhibitor information	18-24
Poster listing	25
Venue plan	27

Conference organisers

Profile Productions Ltd
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CONFERENCE PROGRAMME

WELCOME

PROGRAMME

INFORMATION

EXHIBITOR
LIST & PLAN

EXHIBITOR
INFORMATION

POSTER
LISTINGS

VENUE
PLAN

Thursday 18 November

9.00 – 11.45 **Branches meeting**

ROOM 3B

10:00-13:30 **Registration - main concourse**

11:00-12:00 **Student network 'Meet and Greet'**

ROOM 12

9:30-11:30 **Save a Life 2 hour Red Cross BLS training (Pre-Booked Session)**

ROOM 14

WELCOME PLENARY SESSION

HALL 1A

12:15 **Conference opening**

*Lord Roy Kennedy, President, The Royal College of Podiatry
Mark FW Blundell, Her Majesty's Lord-Lieutenant of Merseyside*

12:30 **Welcome to conference from the CEO and Chair of Conference**

*Steve Jamieson, Chief Executive and General Secretary, The Royal College of Podiatry
Matthew Fitzpatrick, Chair of Conference, The Royal College of Podiatry*

12:45 **Keynote speech: The power of seven**

Martine Wright, MBE, 7/7 Survivor and Paralympian

13:10 **The evolution of human skin pigmentation: The gene for red hair, sun sensitivity and skin responses to ultraviolet radiation**

Professor Jonathan Rees, Emeritus Professor of Dermatology, University of Edinburgh

13:30 Exhibition opens

HALL 2

13:30-14:45 Lunch, exhibition and poster viewing

14:45 - 15:45 CONCURRENT SESSIONS A

A1 THE RHEUMATIC FOOT

HALL 1A

Chair: Robert Field, Lead Podiatrist (Rheumatology Services), Dorset Healthcare University Foundation Trust

"Do you have any problems with your feet today?": How to manage the consequences

Dr Lindsey Cherry, Senior Clinical Academic, University of Southampton and Solent NHS Trust

Winning the foot health lottery: How do patients access the care they need?

Professor Edward Roddy, Professor of Rheumatology and Honorary Consultant Rheumatologist, Keele University

Unmet foot health needs in rheumatology

Professor Anthony Redmond, Professor of Clinical Biomechanics, University of Leeds

Discussion

A2 MSK

HALL 1B

Chair: Dr Jill Halstead, Clinical Head of Podiatry Service, Leeds Community Healthcare NHS Trust

Advancing practice using plantar pressure analysis: What are the applications in NHS clinic?

• Richard Collings, Team Lead Podiatrist, Torbay and South Devon NHS Trust and Honorary Research Fellow, University of Plymouth

• Gemma Crabtree, Advanced Podiatrist in High-Risk Biomechanics, Leeds Community

A3 INDEPENDENT PRACTICE: Top tips to grow your business!

ROOM 3A

Chair: Claire Angus, Director of Membership Service

This workshop will help you attract new patients, build loyalty with your existing patients, and increase profit for your practice. Acquire practical tips that you will be able to implement immediately on your return to your practice.

Carl Jones and Morag Foudy, Directors, London Marketing Set

A4 SURGERY

HALL 1C

Chair: Suzanne Taylor, Dean, Faculty of Podiatric Surgery

Fractures of the foot

Jared Green, Specialist Registrar, Podiatric Surgery, Sussex NHS Foundation Trust

Bone substitute what's the support?

Matthew Cichero, Consultant Podiatric Surgeon, Great Western Hospital NHS Foundation Trust



ROYAL COLLEGE
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Scan the QR code to view the speaker biographies and information



CONFERENCE PROGRAMME

A5	RESEARCH DEVELOPMENT & INNOVATION Introduction and background impact of technology on podiatry <i>Dr Paul Chadwick, Clinical Director, The Royal College of Podiatry</i> Technology in practice <i>Professor Sandra MacRury, Chair of Clinical Diabetes, School of Health, Social Care and Life Sciences, University of the Highlands and Islands</i> The use of digital health in the management of dementia <i>Prof Sarah Curran, Professor of Podiatric Medicine and Rehabilitation, Cardiff Metropolitan University and Chair of Research, Development and Innovation Committee, The Royal College of Podiatry</i>	ROOM 4A
A6	STUDENT NETWORK Chair: <i>Ada Fraser, Student Network Vice Chair, Royal College of Podiatry</i> Use of dermoscopy for melanoma <i>Dr Ivan Bristow, Podiatrist, Lymington, Hampshire and Adjunct Associate Professor QUT</i>	ROOM 12
A7	SHORT PAPERS Chair: <i>Dr Lisa Farndon, Clinical Research Podiatrist, Sheffield Teaching Hospitals NHS Foundation Trust</i> Towards a better risk stratification model for people with diabetes at risk of incident foot ulceration: a prognostic modelling analysis of patients on the SCI-Diabetes register <i>Joanne Hurst, Research Fellow, Glasgow Caledonian University</i> Technology-enabled remote management of diabetes foot disease: a service evaluation study <i>Fiona Main, Diabetes Specialist Podiatrist, NHS Highland</i> Staggered Steps - The impact of multiple sclerosis on lower limb health <i>Ailsa Baumgartner, National University of Ireland, Galway</i> Providing diabetic footcare in a lower-middle-income country: a reflection <i>Alastair Hunt, OMF (International) UK</i> Screening for depressive symptoms in patients with diabetic peripheral neuropathy <i>Cynthia Formosa, University of Malta</i> An investigation on the reduction of 1st metatarsal plantar pressures with a novel offloading device (the Mandakini) in a Singaporean population <i>Melissa Lee, Senior Podiatrist, Podiatry Department, Ng Teng Fong General Hospital, Singapore</i>	ROOM 4B
A8 Limited capacity pre booked only	DIABETES AND VASCULAR WORKSHOP The 3 P's of peripheral arterial disease <ul style="list-style-type: none"> • Pam Smith, Vascular Specialist Podiatrist, Salford Care Organisation (Northern Care Alliance NHS Group) • Sue Matthews, Vascular Specialist Podiatrist, Manchester University NHS Foundation Trust and Manchester Local Care Organisation • Suhail Ainarkar, Advanced Podiatrist, Manchester Local Care Organisation 	ROOM 11
15:45-16:45	Refreshments, exhibition and poster viewing	HALL 2
15:55-16:10	Canonbury demo zone: How does PODOSmart Gait Analysis fit into my practice? - Michelle Gibson, Podiatrist, Education and Training Manager	
16:20-16:35	Algeos demo zone: EMS Shockwave Therapy - Emily Ball, Podiatrist	
16:00-16:30	RCPod Public affairs Q&A Session <i>Lawrence Ambrose and Ross Barrow, The Royal College of Podiatry</i>	ROOM 4A
	PLENARY SESSION	HALL 1A
16:45	Chair's welcome <i>Professor Stuart Baird, Council Member, The Royal College of Podiatry</i>	
16:50	Scratching the surface; a brief introduction to assessing skin and lesions <i>Chin Whybrew, GP Partner, Stoke Road, Gloucester</i>	
17:15	Don't wait for the foot fairy: How to succeed in private practice <i>Dr Bharti Rajput, Founder, Clinic Director, Sole Body Soul, Dundee</i>	
17:35	Collectivism after Covid-19: Are we still all in this together? <i>Paul Nowak, Deputy General Secretary, Trades Union Congress</i>	
17:55	Close	
18:00-19:15	Networking welcome reception hosted in the exhibition Digital poster presentations	HALL 2
18:30-19:30	Student Careers Networking Session	ROOM 12
	Evening free for exploring Liverpool with friends and colleagues	

WELCOME

PROGRAMME

INFORMATION

EXHIBITOR LIST & PLAN

EXHIBITOR INFORMATION

POSTER LISTINGS

VENUE PLAN

CONFERENCE PROGRAMME

WELCOME

PROGRAMME

INFORMATION

EXHIBITOR
LIST & PLAN

EXHIBITOR
INFORMATION

POSTER
LISTINGS

VENUE
PLAN

Friday 19 November

10.00-16.00	Programme of 30-minute ultrasound skills workshops hosted by Orca on the hour 	ROOM 14
08:15	Registration Refreshments, exhibition and poster viewing	HALL 2
PLENARY SESSION		HALL 1A
09:00	Chair's welcome <i>Dr Jane McAdam, Member of Council, The Royal College of Podiatry</i>	
09:05	Recent advances in painful diabetic neuropathy and the role of the MDT? <i>Professor Solomon Tesfaye, Academic Directorate of Diabetes and Endocrinology, University of Sheffield</i>	
09:35	Foot and lower limb biomechanics in diabetes <i>Professor Neil Reeves, Professor of Musculoskeletal Biomechanics and Faculty Head of Research and Knowledge Exchange, Manchester Metropolitan University</i>	
10:05	The story of Covid-19: what did we learn? <i>Michelle Tennyson, Public Health Agency, Northern Ireland</i>	
10:35	Lifestyle changes: Reversing diabetes, putting nutrition first <i>Tom Watson, Former Deputy Leader of the Labour Party, Author and Podcaster</i>	
11:00-11:45	Refreshments, exhibition and poster viewing Book Signing - Tom Watson	HALL 2
11:15-11:30	Algeos demo zone: T-Plate Pressure Analysis System - Graham Beck, Technical Solutions Specialist	
11:45-12:45	CONCURRENT SESSIONS B	
B1	PODIATRIC SPORTS MEDICINE	HALL 1B
	<i>Chair: Dr Jill Halstead, Clinical Head of Podiatry Service, Leeds Community Healthcare NHS Trust</i>	
11:45	Use of prolotherapy in musculoskeletal problems affecting the lower limb <i>Dr Simon Petrides, Medical Director and Founder Blackberry Clinic Group, Blackberry Clinic Group, Milton Keynes</i>	
12:15	Use of prolotherapy in medial tibial stress syndrome – avoiding surgery <i>Mr Osama Aweid, Consultant Orthopaedic and Trauma Surgeon, Betsi Cadwaladr University Health Board</i>	
B2	DERMATOLOGY	HALL 1A
	<i>Chair: Michelle Scott, Chair-Elect, The Royal College of Podiatry</i>	
11:45	General dermatology for the podiatrist <i>Dr Bernard Ho, Locum Consultant in Dermatology and Lymphoedema, St George's Hospital NHS Foundation Trust</i>	
12:15	Always something to see in dermatology <i>Dr Ivan Bristow, Podiatrist, Lymington, Hampshire and Adjunct Associate Professor QUT</i>	
B3	SURGERY	HALL 1C
	<i>Chair: Matt Cichero, Council Member, The Royal College of Podiatry</i>	
	Where does the foot end? <i>Professor Mark Tagoe, Consultant Podiatric Surgeon, West Middlesex University Hospital</i>	
	Advances in flat foot surgery <i>Ryan McCallum, Consultant Podiatric Surgeon, Homerton University Hospital NHS Foundation Trust, London</i>	
	Vascular and podiatric surgery – delivering the best care for the patient <i>Ms Stella Vig, Consultant Vascular and General Surgeon, Croydon University Hospital</i>	
B4	FORENSICS	ROOM 4A
	<i>Chair: Sarah Reel, Senior Lecturer, University of Huddersfield</i>	
	Forensic comparison of insole footprint marks: A case study of the overlay method <i>Nick Howsam, Podiatrist and Postgraduate Researcher for PhD in Forensic Podiatry, Private Practice and University of Huddersfield</i>	
	Forensic gait analysis – life as a practitioner <i>Nadia Asgeirsdottir, Forensic Gait Analyst, Forensic Gait Analysis Services</i>	



CONFERENCE PROGRAMME

B5	MOTIVATIONAL INTERVIEWING WORKSHOP Chair: Lawrence Ambrose, Head of Policy and Public Affairs, The Royal College of Podiatry Introduction to the concepts of behaviour change Keri Hutchinson, Public Health Project Lead, The Royal College of Podiatry An introduction to health literacy Dr Ben Bullen, Programme Director and Lecturer in Podiatry, Cardiff Metropolitan University and Visiting Lecturer, Welsh Wound Innovation Centre Motivational interviewing for the prevention of recurrent diabetic foot ulceration: An exploratory study Dr Jodi Binning, Podiatry Service Manager, NHS Ayrshire and Arran	ROOM 4B
B6	PROFESSIONAL PRACTICE Know your clinical standards and protect yourself and your patients! Katie Harwood and Sharon Gray, Professional Support Officers, The Royal College of Podiatry Practice accreditation – taking your practice to the top Katie Harwood and Sharon Gray, Professional Support Officers, The Royal College of Podiatry	ROOM 3A
B7	STUDENT NETWORK Data from a pressure plate – what it actually means in patient assessment Dr Helen Branthwaite, Senior Lecturer Clinical Biomechanics, Staffordshire University and MSK Lead, The Royal College of Podiatry	ROOM 12
B8	SEVEN THOUSAND FEET An art and science collaboration to engage with the public about diabetes and its complications Chair: Dr Paul Chadwick, Clinical Director, The Royal College of Podiatry <ul style="list-style-type: none"> Christine Wilcox-Baker, Lead Artist and curator Katherine Grady, Programme Development Manager, Research for the Future, Salford Royal NHS Foundation Trust and NIHR CRN Greater Manchester Josh Howe, Trainee Advanced Clinical Practitioner in Diabetes and Endocrinology, Harrogate and District NHS Foundation Trust 	ROOM 3B
12:45-13:45 Lunch, exhibition and poster viewing		HALL 2
13:45 - 14:45 CONCURRENT SESSIONS C		
C1	DIABETES AND VASCULAR Chair: Martin Fox, Vascular Specialist Podiatrist, Manchester Local Care Organisation, Council Member and Chair, Clinical Senate, The Royal College of Podiatry Curing diabetes without drugs Dr David Unwin, GP and RCGP National Champion for Collaborative Care and Support Planning in Obesity and Diabetes, College of Medicine, Southport How to keep diabetic foot ulceration in remission Joanne Paton, Associate Professor in Podiatry, University of Plymouth	HALL 1A
C2	MUSCULOSKELETAL Chair: James Welch, Advanced Specialist Podiatrist, MSK Biomechanics and Gait Analysis (NW) Surrey Now you see it, now you don't: effective clinical gait analysis Dr Emma Cowley, Senior Teaching Fellow in Podiatry, University of Southampton Measuring observations of the pattern of gait: contribution to mechanical evaluation of ankle treatments Claire Bocket, Associate Professor, School of Mechanical Engineering, University of Leeds	ROOM 11
C3	LEADERSHIP AND MANAGEMENT Chair: Professor Anthony Redmond, Professor of Clinical Biomechanics, University of Leeds Multi-morbidity: are we prepared as podiatrists? David Wylie, NMAHP Associate Director, NHS Education Scotland Nina Davies, Clinical System Pathway Development Lead, Leeds Community Healthcare NHS Trust The diabetes capability framework and its impact on service provision David Wylie, NMAHP Associate Director, NHS Education Scotland	HALL 1C

WELCOME

PROGRAMME

INFORMATION

EXHIBITOR LIST & PLAN

EXHIBITOR INFORMATION

POSTER LISTINGS

VENUE PLAN

CONFERENCE PROGRAMME

WELCOME

PROGRAMME

INFORMATION

EXHIBITOR
LIST & PLAN

EXHIBITOR
INFORMATION

POSTER
LISTINGS

VENUE
PLAN

C4	MISSING MELANIN: what the textbooks don't tell us <i>Chair: James Forrest, Advanced Podiatrist and Chair of the Race Equality Network, Leeds Community Healthcare NHS Trust</i> Where are the gaps in the clinical training? <i>Leah Asante, Senior Lecturer, University of Huddersfield</i> Undergraduate teaching - where are the gaps and how can we overcome them? <i>Dao Tunprasert, Senior Lecturer, University of Brighton</i> Clinical cases of foot wounds in people with higher pigment <i>Yvonne Mattis, Community Specialist Podiatrist, Healthshare, Wandsworth Podiatry AQP</i> Diversity of dermatology in the Royal College of Podiatry - what steps are we taking? <i>Usamah Khalid, Private Practice Podiatrist and Coordinator and Vice Chair, The Royal College of Podiatry's EDI group to improve diversity of dermatology in Podiatry training</i>	ROOM 4B
C5	PROFESSIONAL PRACTICE Self-preservation: Keeping yourself and the planet well whilst you work! <ul style="list-style-type: none"> Katie Harwood, Professional Support Officer, The Royal College of Podiatry Graham Pirie, Employment Relations Officer, The Royal College of Podiatry 	HALL 1B
C6	PRESCRIBING How to get the most out of your BNF in clinical practice? <i>Dr Sharon Rees, Associate Professor in Therapeutics and Prescribing, London South Bank University</i>	ROOM 12
C7	SHORT PAPERS <i>Chair: Dr Lisa Farndon, Clinical Research Podiatrist, Sheffield Teaching Hospitals NHS Foundation Trust</i> 14:45 Using a modified nominal group technique to develop complex interventions for a randomised controlled trial in children with symptomatic pes planus - Mike Backhouse, Associate Professor, University of Warwick 14:55 Foot development: a narrative synthesis of plantar pressure patterns during infancy and childhood - Carina Price, Research Fellow, School of Health and Society, University of Salford 15:05 Gait development in infants: reflections on real-world data collection and analysis in the Small Steps study - Carina Price, Research Fellow, School of Health and Society, University of Salford 15:15 The prevalence and impact of ankle haemarthrosis in moderate and severe haemophilia A and B; The HAPII study - Richard A Wilkins, NIHR Clinical Doctoral Research Fellow, Leeds Institute of Rheumatic and Musculoskeletal Medicine, University of Leeds 15:25 A systematic review of ultrasound features of Achilles enthesitis in psoriatic arthritis - Aimie Patience, PhD Student, Glasgow Caledonian University 15:35 Patients' and clinicians' perspectives on the clinical utility of the Rheumatoid Arthritis Foot Disease Activity Index - Anika Hoque, PhD Student, Glasgow Caledonian University	ROOM 4A
14:45-15:15	Launch of EDI Group <i>Martin Furlong, Head of Employment Relations, the Royal College of Podiatry</i>	ROOM 4B
14:45-15:45	Refreshments, exhibition and poster viewing	HALL 2
14:55-15:10	Canonbury demo zone: Selecting and dispensing Vasyli orthotics. Practical tips and tricks for great patient compliance - Terry Mitchell, Dir. Biomechanical Technologies, Vasyli, Vionic, Caleres Group	
15:20-15:35	Algeos demo zone: Orthotic Therapy Introduction & Material Selection - Vince Zevallos-Herencia, Consultant Musculoskeletal Podiatrist	
15:10-15:40	RCPod Session: First point of Contact Provision <i>Lawrence Ambrose, Ross Barrow and Dr Jill Halstead, The Royal College of Podiatry</i>	ROOM 4A



CONFERENCE PROGRAMME

PLENARY SESSION		HALL 1A
15:45	The Royal College of Podiatry – The opportunities are endless Chair: Steve Jamieson, Chief Executive, The Royal College of Podiatry Overview - Professor Mike Saks, Emeritus Professor, University of Suffolk Question Time discussion PANEL <ul style="list-style-type: none"> • Professor Mike Saks, Emeritus Professor, University of Suffolk • Ganesh Baliah, Strategic AHP Workforce Lead, NW Suffolk CCG • Matthew Collison, Extended Scope MSK Podiatrist/ Principal Podiatrist, Oxleas NHS Foundation Trust • Ms Stella Vig, Consultant Vascular and General Surgeon, Croydon University Hospital 	
16:35	First point of contact – How can podiatry be front and centre? Dr Lindsey Cherry, Senior Clinical Academic, University of Southampton and Solent NHS Trust, Rebecca Tyrrell, Regional Head of Allied Health Professions (AHPs), Health Education England South East, Health Education England and Louis Mamode, FCP Podiatrist, Portsdown Group Practice	
17:00	More than just skin – raising the game in podiatric dermatology Dr Ivan Bristow, Podiatrist, Lymington, Hampshire and Adjunct Associate Professor QUT	
17:35	Close	
17:45	MSK Case Histories hosted by Firefly Orthoses' with drinks reception Martin J. Mc Geough, Founder & Medical Director, Firefly Orthoses Sarah O'Connell, Podiatrist, Momentum Foot and Ankle Specialists, Firefly Ambassador Zoe Wilson, Podiatrist, ZW Foot & Ankle, Firefly Ambassador	ROOM 12
Evening	Evening free for exploring Liverpool with friends and colleagues	

WELCOME

PROGRAMME

INFORMATION

EXHIBITOR
LIST & PLAN

EXHIBITOR
INFORMATION

POSTER
LISTINGS

VENUE
PLAN

CONFERENCE PROGRAMME

Saturday 20 November

08:30 - 09:00 Exhibition and poster viewing

HALL 2

09:00 - 10:00 CONCURRENT SESSIONS D

D1

MSK

HALL 1B

Chair: Mike O'Neill, Council Member, The Royal College of Podiatry

Assessment of falls and frailty in a podiatry setting

Nina Davies, Clinical System Pathway Development Lead, Clinical System Pathway Development Lead, Leeds Community Healthcare NHS Trust

Mairi Clark, Falls Prevention Practitioner, North Cumbria Integrated Care NHS Foundation Trust

Textured midsole in trainers - effect on women at risk of falls

Dr Helen Branthwaite, Senior Lecturer Clinical Biomechanics, Staffordshire University and MSK Lead, The Royal College of Podiatry

D2

INDEPENDENT PRACTICE

ROOM 12

How to manage patient complaints

- *Katie Harwood, Professional Support Officer, The Royal College of Podiatry*
- *Sharon Gray, Professional Support Officer, The Royal College of Podiatry*
- *Stewart Duff, Partner and Solicitor, Radcliffe LeBrasseur*

D3

RESEARCH APPLIED INTO PRACTICE

ROOM 4A

Does treatment designed according to subgroups improve clinical outcomes in people with Patellofemoral Pain?

Professor Jim Richards, Faculty Director of Research and Innovation for Allied Health and Wellbeing and Research Lead for the Allied Health Research Unit, University of Central Lancashire

Knee osteoarthritis – evidence-based treatments using orthoses

Professor Richard Jones, Professor of Clinical Biomechanics, University of Salford

D4

DERMATOLOGY

ROOM 3A

Dermatology live and unplanned 2021

Dr Ivan Bristow, Podiatrist, Lymington, Hampshire and Adjunct Associate Professor QUT

Dr Julian Peace, General Practitioner, Valley Medical Centre, Stocksbridge and Speciality Doctor in Dermatology, Barnsley NHS Foundation Trust

D5

DIABETES AND VASCULAR

HALL 1A

Chair: Martin Fox, Vascular Specialist Podiatrist, Manchester Local Care Organisation, Council Member and Chair, Clinical Senate, The Royal College of Podiatry

Recognising and management of the infected foot

Ben Yates, Consultant Podiatric Surgeon, Great Western Hospital NHS Foundation Trust, Swindon

The renal foot: Implications for practice

Joanne Casey, Diabetes Foot Practitioner, King's College Hospital

Diagnosing and triaging critical or limb-threatening ischaemia - during the COVID-19 pandemic and beyond

Martin Fox, Vascular Specialist Podiatrist, Manchester Local Care Organisation, Council Member and Chair, Clinical Senate, The Royal College of Podiatry

D6

CHILDREN AND YOUNG PEOPLE

ROOM 3B

Chair: Dr Jill Phethean, Directorate of Podiatry, School of Health and Society, University of Salford

Juvenile hallux valgus: current practice and conservative treatment

Manju Mital, Senior Lecturer and Programme Lead, University of Northampton

What are children's therapeutic footwear and how to prescribe them – A Delphi consensus

Matthew Hill, PhD Student and MSK Specialist Podiatrist, Staffordshire University and Midlands Partnership Foundation Trust



ROYAL COLLEGE
of PODIATRY

Scan the QR code to view the speaker biographies and information



WELCOME

PROGRAMME

INFORMATION

EXHIBITOR
LIST & PLAN

EXHIBITOR
INFORMATION

POSTER
LISTINGS

VENUE
PLAN

CONFERENCE PROGRAMME

D7	SURGERY	HALL 1C
	Skin surgery for podiatrists extending our scope	
	<ul style="list-style-type: none"> Mr Ian Reilly, Consultant Podiatric Surgeon, Danetre Hospital Belinda Longhurst, Podiatry Lecturer, Forgotten Feet Trustee 	
D8	PODIATRIC SPORTS MEDICINE	ROOM 11
Thanks to Esaote for supplying equipment and couches esaote	Ultrasound: The clinician's stethoscope	
	Chair: Mr Sean Savage, Specialist in Podiatric Sports Medicine, Sportfeetni	
	<ul style="list-style-type: none"> Dr Syed Babar, Consultant Musculoskeletal and Sports Radiologist, Imperial College Healthcare NHS Trust Dr Sajid Butt, Consultant Radiologist, Royal National Orthopaedic Hospital Dr Hifz-ur-Rah Aniq, Consultant MSK and Sports Radiologist, Liverpool University Hospitals Trust Mr Matthew Fitzpatrick, Consultant Podiatrist and Chair of Conference, The Royal College of Podiatry 	
D9	SAVE A LIFE	ROOM 14
09:00-11:00	Save a Life 2 hour Red Cross BLS training (Pre-Booked Session)	
10:00-11:00	Refreshments, exhibition and poster viewing	HALL 2
11:00-12:00	CONCURRENT SESSIONS E	
E1	INDEPENDENT PRACTICE	HALL 1C
11:00	Where there is pain and blame is there always a claim?	
	<ul style="list-style-type: none"> Tom Jones, Head of Policy and Public Affairs, and Alan Dolphin, Solicitor, Thompsons Solicitors Martin Furlong, Head of Employment Relations, The Royal College of Podiatry 	
11:30	Business finances - staying on the right side of HMRC	
	<ul style="list-style-type: none"> David Davies, TWD Accountants Martin Furlong, Head of Employment Relations, The Royal College of Podiatry 	
E2	WOUND CARE	HALL 1A
	Chair: Dr Paul Chadwick, Clinical Director, The Royal College of Podiatry	
11:00	Wound healing cascade - Top tips	
	Joy Tickle, Tissue Viability Nurse Consultant, Isle of Wight NHS Trust	
11:30	Latest research and advanced practice in wound care	
	Dr Ben Bullen, Programme Director and Lecturer in Podiatry, Cardiff Metropolitan University and Visiting Lecturer, Welsh Wound Innovation Centre	
E3	ULTRASOUND	HALL 1B
	Chair: Jai Saxelby, Sheffield Teaching Hospitals NHS Foundation Trust	
11:00	Ultrasound training and competency - work backwards from court	
	Alison Hall, Consultant MSK Sonographer and Independent Trainer, Keele University	
11:30	The use of ultrasound in advancing practice. Training title to change	
	Stephen Finney, Consultant Podiatric Surgeon, Derbyshire Community Health Services NHS Foundation Trust	
E4	CHILDREN AND YOUNG PEOPLE	ROOM 3B
	Orthotics for treatment of symptomatic flat feet in children: The OSTRICH trial	
	Dr Stewart C. Morrison, Reader, School of Health Sciences, University of Brighton	
	Paediatric skins problem: An update on the Epidermolysis Bullosa podiatry guideline 1 year on!	
	Dr Tariq Khan, Consultant Podiatrist and Director, Marigold Clinic	
E5	DIABETES AND VASCULAR WORKSHOP	ROOM 11
Limited capacity pre booked only	The 3 P's of peripheral arterial disease	
	<ul style="list-style-type: none"> Pam Smith, Vascular Specialist Podiatrist, Salford Care Organisation, (Northern Care Alliance NHS Group) Sue Matthews, Vascular Specialist Podiatrist, Manchester University NHS Foundation Trust and Manchester Local Care Organisation Suhail Ainarkar, Advanced Podiatrist, Manchester Local Care Organisation 	
E6	SUTURING WORKSHOP	ROOM 4A
Limited capacity pre booked only	Julian Pavier, Consultant Podiatric Surgeon, Sherwood Forest Hospitals NHS Foundation Trust	
	Mr Ian Reilly, Consultant Podiatric Surgeon, Danetre Hospital, Northamptonshire	

WELCOME

PROGRAMME

INFORMATION

EXHIBITOR LIST & PLAN

EXHIBITOR INFORMATION

POSTER LISTINGS

VENUE PLAN

CONFERENCE PROGRAMME

WELCOME

PROGRAMME

INFORMATION

12:00-13:30 Lunch, exhibition and poster viewing

HALL 2

CLOSING PLENARY SESSION

HALL 1A

- 13:30 Chair's welcome**
Michelle Scott, Chair-Elect, The Royal College of Podiatry
- 13:40 Military wound care**
Professor Steve Jeffery, Consultant Burns and Plastic Surgeon, 306 Hospital Support Squadron
- 14:05 Jewel in the crown: Patients' perspectives on satisfaction and comparison between online video and face-to-face consultations in a private musculoskeletal clinic: a cross-sectional questionnaire study**
Alice Corbett, Queen Mary University, London
- 14:15 Bob Prince Memorial Lecture**
Suzanne Taylor, Dean, Faculty of Podiatric Surgery
Sally Feeney, Consultant Podiatric Surgeon, West Middlesex University Hospital
- 14:45 Awards presentations**
Matt Fitzpatrick, Chair of Conference, The Royal College of Podiatry
- 15:00 Closing address**
Steve Jamieson, Chief Executive and General Secretary, The Royal College of Podiatry
- 15.15 CLOSE OF CONFERENCE**

MAC

CLINICAL TRIAL LOOKING FOR PEOPLE DIAGNOSED WITH DIABETIC NEUROPATHY!

MAC needs your help, to step on foot pain and stop it

MAC Clinical Research is a healthcare organisation dedicated to the development of new and improved treatments through clinical trials. Diabetic neuropathy is the most common long-term complication of diabetes and is often experienced in terms of a burning, stabbing, pricking or aching sensation in the feet that is chronic and difficult to manage.

MAC is looking for patients with Diabetic Neuropathy that would like to take part in a trial to test a potential new treatment. The trial medication aims to relieve or improve the pain experienced from diabetic neuropathy and the trial medication is also currently under investigation for use in other painful conditions.

MAC Clinical Research • Improving quality of life • Together we can improve health

CLINIC LOCATIONS

There will be 18 visits to one of our clinics in:

- Lancashire
- West Yorkshire
- Merseyside
- Greater Manchester
- Teesside

Eligible patients will receive up to £965.00

KEY INCLUSION CRITERIA

- Men and women
- Aged between 18 and 80
- Pain not adequately controlled with current treatments

KEY EXCLUSION CRITERIA

- An uncontrolled or unstable medical condition
- Clinically significant osteoarthritis



Call Now.
0800 121 6399



Text SUGAR
To 81025

WWW.RESEARCHFORYOU.CO.UK

DATE FOR YOUR DIARY



ROYAL COLLEGE
of PODIATRY

Annual Conference and Exhibition

PODIATRY 2022
Step into the future

7-9 July 2022 - ACC Liverpool

ANNUAL CONFERENCE
& EXHIBITION



ROYAL COLLEGE
of PODIATRY

The background is a dark blue gradient. It features a large, stylized wireframe globe in the center, composed of numerous blue and red dots connected by thin lines. A white shield is superimposed over the globe, containing the text 'PODIATRY 2022'. To the right of the shield, there is a small cluster of red and blue plus signs. Below the shield, the text 'STEP INTO THE FUTURE' is written in red. At the bottom left, 'ACC LIVERPOOL' is written in light blue. At the bottom right, '7-9 JULY' is written in red and 'RCPOD.ORG.UK/RCPOD22' is written in light blue.

PODIATRY 2022

STEP INTO THE FUTURE

ACC
LIVERPOOL

7-9 JULY
[RCPOD.ORG.UK/RCPOD22](https://rcpod.org.uk/rcpod22)

COVID-19 standards

The health and safety of our delegates, speakers, exhibitors and staff will always be our number one priority. To ensure RCPod complies to COVID-19 secure standards, the following measures have been put in place:

- All attendees will need to be fully vaccinated or show a negative lateral flow or PCR test within 48 hours of attendance. You may be asked by ACC staff to prove your COVID-19 status.
- A testing facility is available onsite in the exhibition centre – please follow the signs and retest on Day 2 if not fully vaccinated. The non-symptomatic test site is open daily, 07.00 – 19.00.
- If you show any symptoms do not attend the conference and book a PCR test through NHS
- Face coverings are welcomed and encouraged in corridors and busy areas
- Use the sanitisation stations positioned throughout the venue
- The venue air conditioning is run on fresh air only to ensure optimum air quality in all spaces
- Socially distanced seating areas available at the rear of all sessions
- We encourage no-contact greetings (ie no handshaking)
- Only contactless payment is available in the venue – cash transactions are not possible
- Enhanced cleaning regime throughout the entire venue including the use of Byotrol Antimicrobial system which is effective against COVID-19.

Access

The ACC is fully accessible by wheelchair to all public areas by ramp or lift. If you have any access requirements, specifically in the auditorium, then do please let a member of the organising team know. Alternatively, you may ask any member of staff at the ACC.

Admission to conference sessions

Admission to conference sessions is strictly by badge only. Please ensure you are in your seat at least five minutes prior to the start of each session and that any phones or other electronic devices are turned to silent.

Attendee list

A downloadable list of participants (subject to the delegates permission) will have been sent as part of your digital delegate bag.

Badges

In the interests of security, please make sure that your name badge is clearly visible at all times. If you lose your badge, please ask staff at the registration desk for a replacement as soon as possible. We would be grateful if you would return your badge to registration at the end of the conference for recycling.

Certificates of attendance

Certificates will be emailed to delegates within two weeks of the conference taking place. The certificate will reflect the days attended and the number of learning hours awarded.

Cloakroom

There is a cloakroom for general use on the ground floor of the ACC. Additional space will be made available for luggage on Saturday. The cloakrooms are attended by a member of ACC staff at all times; please note, however, that items are left at your own risk.

College exhibition stand

The Royal College of Podiatry staff and representatives will be available on the College stand in the exhibition hall throughout the conference. Staff will be able to assist with membership enquiries, advice and support and will have a wealth of information to hand.

Conference presentations

Presentations from the conference will be available to download from www.rcpod.org.uk after the conference (subject to agreement by speakers).

Council members

College Council Members will be available on the College exhibition stand in Hall 2 during lunch and refreshment breaks to answer any queries.

Hours of learning

Thursday 18 November – 5 hours

Friday 19 November – 5 hours

Saturday 20 November – 3 hours 20 minutes



Emergencies

In the event of an emergency please contact a member of staff from Profile Productions or a member of the ACC security staff, who you will see throughout the building. In all other instances, please dial 999.

Exhibition

The exhibition is an integral part of this conference and the support of all the organisations at the event is greatly appreciated. Please take your time to visit the exhibition in Hall 2.

Thursday 18 November	13:30-19:00
Friday 19 November	08:15-16:30
Saturday 20 November	08:30-14:00

Hearing loop

Should you require this service please visit the registration desk so we can ensure it is in place for sessions you are attending wherever possible. Note not all the rooms have such equipment.

Lunch

Delegates' lunches will be available to purchase on Thursday, Friday and Saturday from all the catering points within the exhibition (Hall 2). There are several catering points available so please use them all to avoid congestion. A range of hot and cold food and refreshments will be available to purchase. Please note that due to the pandemic no cash is accepted and all transactions are contactless. Please refer to the exhibition plan in this handbook for the location of catering points. Water coolers are also located around the ACC.

People's poster prize

We are asking delegates to vote for their favourite poster via the online poster showcase. Please scan the QR code on this page and select 'People's poster prize - Vote here!'. Voting will close on Friday 19 November at 17.00. The prize will be presented in the final plenary session on Saturday.

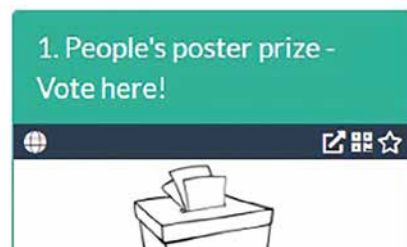


Photo and video production

Please refrain from taking pictures of the presentations at any time.

There will be photography and/or video production taking place during the conference and the resulting images may be used for promotional purposes online and/or in printed materials. Delegates who do not wish their images to be included in the material should contact the organisers by email at rcpod@profileproductions.co.uk.

Poster presentations

Posters are hosted on an interactive online platform. Boards displaying a short synopsis of the poster and a QR code which you can scan with your mobile device to see the full posters will be on display in Hall 2.

To view the online poster display, please scan the QR code here with your mobile device. Open your camera app on your phone, hover over the image, and a pop-up should appear with an option to go to the poster showcase.



Prayer room

If you require a quiet space to pray, we have allocated a room for your use. Please speak to the registration staff who will direct you.

Refreshments

Complimentary refreshments will be served in the exhibition (Hall 2) during the refreshment breaks indicated on the programme. There are several catering points available so please use them all to avoid congestion.

Registration desk

If you have any enquiries please make your way to the registration desk on the main area where staff from Profile Productions will be at hand to answer any questions or deal with concerns that you may have. Official opening times are:

Thursday 18 November	09:30 – 18:30
Friday 19 November	08:15 – 18:00
Saturday 20 November	08:30 – 15:30

In the interests of security, security personnel will be located in different areas of the ACC. Should you wish to report anything please talk to one of the security staff or contact a member of the conference team at the registration desk.

Speaker preview and lounge

The speaker preview room is located in Room 10 on the upper level. Speakers are kindly asked to visit the preview room at least two hours prior to their session to upload their presentation and check it through with the technical team. Refreshments will be available.

Twitter and social media

Delegates are strongly encouraged to Tweet ideas, debate and chat or to send comments at #RCPOD21 during the conference.

Wi-Fi

The conference is offering delegates access to a free Wi-Fi service in the venue.

EXHIBITION LIST

WELCOME

PROGRAMME

INFORMATION

EXHIBITOR
LIST & PLAN

EXHIBITOR
INFORMATION

POSTER
LISTINGS

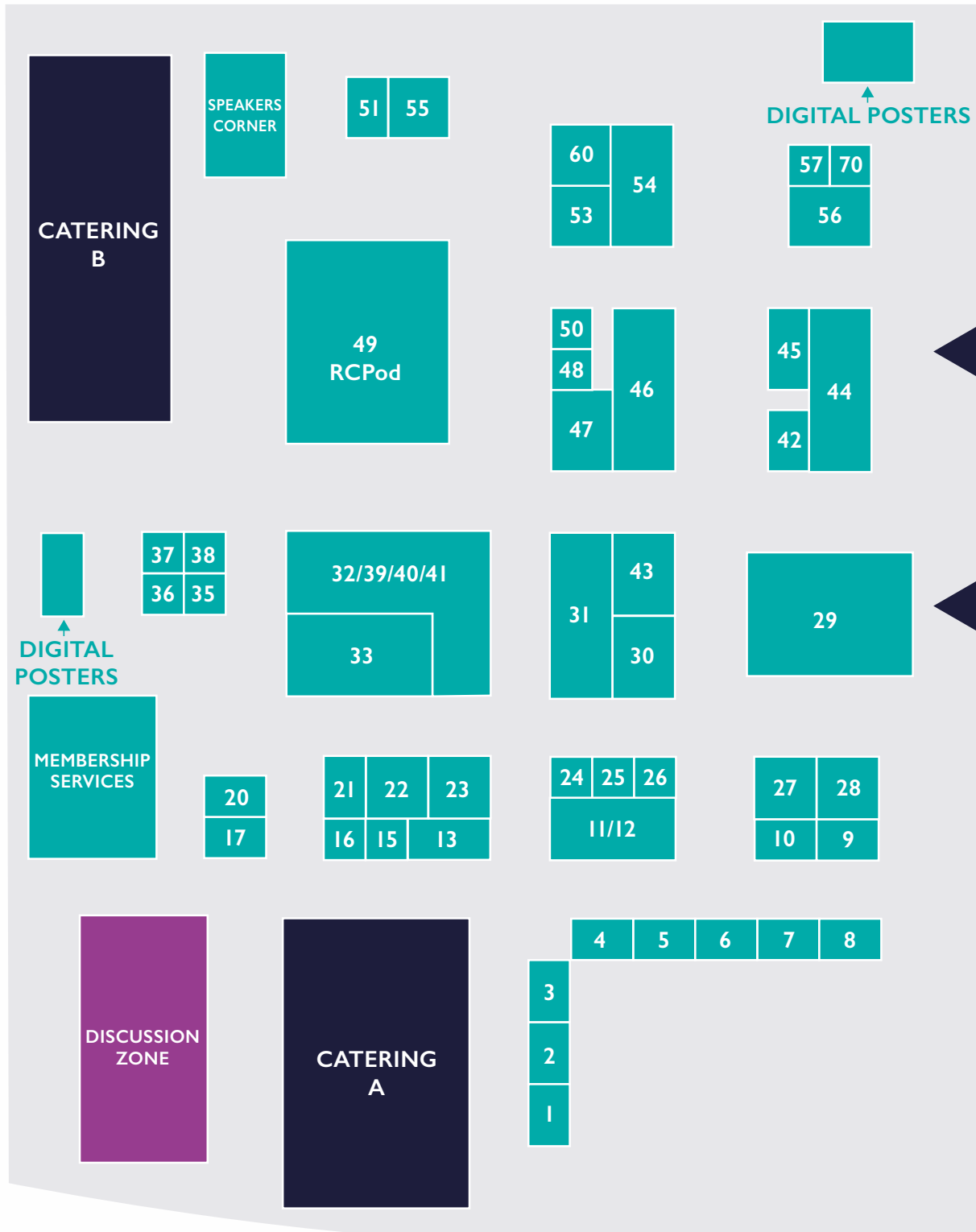
VENUE
PLAN

3D Ortho Pro	3	Joya Shoes	54
7,000 Feet Art Exhibition	33	K-Laser UK (VBS Medical Ltd)	60
Accel-Heal Technologies Limited	25	LBG Medical-Strive Footwear	43
A Algeo Ltd	29	Limbo Waterproof Protectors	5
Advantice Health AB	10	Only Footcare Ltd.	4
Arch Support	50	Orca Medical	37
Bailey Instruments	9	Ortho-Med	15
Biocomposites	24	PolyNovo UK Limited	13
C&P Medical	22	Schein Orthopädie Service KG	70
Canonbury Healthcare	32/39/40/41	Shoefit.uk	55
Celtic SMR Healthcare	1	Shuropody	44
Chaneco Ltd	20	Sidas	57
Dermatonics	28	SOCKSHOP	6
Diabetic Foot Journal	21	Swann Morton Limited	23
DLT Podiatry	46	SweatHelp (Limbo)	35
East Coast Podiatry	30	Swift	47
Erchonia Lasers Ltd	56	Thermetrix Limited	16
Esaote	17	Urgo	38
Espère Healthcare Ltd	8		
Firefly Orthoses Ltd.	11 and 12		
Flexitol	27		
Foothealth Orthotics	31		
Footmender	26		
Forgotten Feet	48		
Gait and Motion Technology Ltd	53		
Grahame Gardner Ltd	45		
Huntleigh	51		
ICB Orthotics	42		
Infotex Ltd Suffolk GP Federation	7		
Integra	2		



ROYAL COLLEGE
of PODIATRY

EXHIBITION PLAN



WELCOME

PROGRAMME

INFORMATION

EXHIBITOR LIST & PLAN

EXHIBITOR INFORMATION

POSTER LISTINGS

VENUE PLAN

3D Ortho Pro

3



3D Ortho Products is the UK representative for Invent Medical's products.

Owned and managed by clinical Orthotists with over 70 years combined experience, the management of 3D Ortho Products know and understand the complexities of seamlessly developing and delivering award winning products to clinicians for the benefit of their patients and clients.

As assessment, scanning, model development and 3D printing technologies advance, 3D Ortho Products is proud to be offering Invent Medical's leading edge products and services to UK orthotic prescribers.

7000 Feet exhibition

33

'Seven thousand feet' is an ongoing project using creative interventions to reach audiences, with information about diabetes. Meet some of the team and explore our mini-exhibition. See examples of our work from the original 2018 Manchester Science Festival installation. Get to know our mannequins – they're wearing items of clothing in their own bespoke fabrics showing 'You wear what you eat'. Try on the 'diabetes belt' for size and 'Look through my eyes' at a retinopathy impacted world. We'll be on hand to discuss creative ways that you can develop your own projects to reach at risk people.

Accel-Heal Technologies Ltd

25



Accel-Heal is an electrical stimulation device that provides targeted therapy for hard-to-heal and painful wounds, including leg ulcers, diabetic foot ulcers and pressure ulcers.

It delivers an automatic, pulsed electrical stimulation during the 12-day treatment programme. The pulses are below the threshold for sensory stimulation which means that patients should not typically feel them yet they are strong enough to trigger the cellular responses needed to begin the healing process.

Accel-Heal is discreet and does not hinder the patient's mobility. It can be easily changed therefore, can be managed by the patient themselves or their carer.

Advantice Health AB

10



Advantice Health is based in New Jersey, USA, with a European HQ in Stockholm and is responsible for developing many international

healthcare and consumer brands. In the UK and Ireland, Advantice owns and distributes Emtrix, a leading product recommended by podiatrists for fungal nail or nail psoriasis.

Advantice believes in developing products that improve the patients quality of life and being able to substantiate all clinical claims. To help podiatrists make an informed clinical judgement on product selection when treating these conditions, Emtrix has published papers on trials involving over 800 patients available.



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of PODIATRY

Algeos

29



Algeos, a leading solution provider, designs and develops many products under its own brands and also distributes world-leading brands, which positively impacts clinical outcome, within the Podiatry, Physiotherapy and Orthotic and Prosthetic, Footwear, and Pressure Relief markets.

They manufacture and distribute rehabilitation products, materials and technology offering the highest possible service, product quality, and education to their large customer base of clinicians, technicians, end users, patients and distributors. For more information, please visit www.algeos.com

Arch Support

50



Arch Support is the College's hardship fund and an incorporated charity registered in England and Wales, registered number 1193688. It provides financial support to members of The Royal College of Podiatry who may be experiencing difficulties. Application for assistance is by a form and supporting information. We can also signpost to other sources of help.

Please visit our stand during the Conference to find out more about us. The stand has information about how to apply for support and what is available. The Trustees also welcome donations, great or small. Please contact Helena Basarab-Horwath by email to h.basarab-horwath@rcpod.org.uk

Bailey Instruments

9



Bailey Instruments Ltd are very much looking forward to being back at the Royal College of Podiatry Conference. Come and visit us on Stand 9 for high quality instruments, both reusable and single use -susol, a wide range of orthoses, diagnostics and much more.

We will have special offers exclusive to delegates, visit the stand for more information. Alternatively our website is available at www.baileyinstruments.co.uk, email sales@baileyinstruments.co.uk or call our team at Bailey HQ on 0161 872 8707

Biocomposites

24



Biocomposites is an international medical devices company that engineers, manufactures and markets world leading products for use in infection management in bone and soft tissue. Based in Keele, UK, we have global operations across Europe, USA, Canada, China and India.

Our products target a broad spectrum of infection risks across a variety of specialities, including musculoskeletal infection, orthopaedics, trauma, spine, foot and ankle and podiatry.

Canonbury Healthcare

32/39-41



After 20 long months of anticipation, Hans and the Canonbury team are excited to welcome you back to the Canonbury stand once again at this

year's conference in Liverpool.

We are delighted to showcase our range of new and exciting equipment including drills, patient chairs, units and lighting from podiatry's most popular and innovative brands.

Visit the Canonbury stand for demonstrations on advanced treatment options for your patients, including PODOSmart Gait Analysis, BTL Shockwave Therapy and CRYO IQ Cryosurgical devices.

We look forward to seeing you soon.

www.canonbury.com
01280 706661

Celtic SMR Healthcare

1



Celtic SMR Healthcare has extensive experience in supplying diagnostic imaging and therapeutic equipment.

MLS Class IV Therapeutic Laser can be used to reduce pain and inflammation in musculoskeletal disorders and injuries and in conditions where muscle spasm and contracture is present. Patients will often see improvement from the first session. Also proven to help treat Tissue oedema and wound healing.

Our range of Ultrasound scanners provide outstanding image resolution and functionality, enabling quick diagnosis of pathologies. A number of options available depending on your experience and budget.

Our dedicated team will be able to discuss the options with you.

Chaneco

20



Chaneco are proud to be one of the largest suppliers of Orthopaedic footwear and Orthotics in the country and are currently celebrating our 50th year in the industry. Our customers include NHS and private hospitals, healthcare organisations, private companies and individuals throughout the UK and beyond.

We manufacture adult orthopaedic footwear, as well as our Smart Steps paediatric range; custom made insoles including TCI's and FFO's, and orthotics such as AFO's, DAFO's etc.

We also import and distribute a large range of stock orthotic products, supports and braces sourced from leading manufacturers throughout the world, available on a next working day delivery service.

Dermatonics

28



Our innovative nature led Green and Gold range is beautifully packaged and combines natural ingredients with great efficacy. We offer solutions for itchy feet, dry feet, discoloured nails and hot tired feet.

Our Fizzy Foot Foam which crackles, and pops is on display at our stand - it's a real patient pleaser

Once Heel Balm is on the Drug Tariff. It's been shown to reduce diabetic foot ulceration rates. With unparalleled evidence base this pleasant smelling, non greasy product is preferred by numerous NHS Trusts.

Please also try our 50% Urea Sensory Bath Soak with a zingy blast of lime.

DLT Podiatry

46



DLT are excited to be back at the RCPod Annual Conference. We look forward to welcoming you on to our stand.

View our comprehensive range of quality European manufactured equipment along with our own branded Podopro products, including Phenol Swab-it produced at our headquarters in Yorkshire.

Our friendly and knowledgeable staff will be on hand to answer any questions you may have.

Our extensive range of retail products including the ever-popular Dr's Remedy, latest range of Thought socks and Body Essentials along with instruments will be on display and available to buy on the day at show prices.

Diabetic Foot Journal

21

Omnia Med Ltd – The Diabetic Foot Journal, published quarterly both online and in print, is the peer-reviewed publication journal for healthcare professionals involved in the care of the diabetic foot and is now in its 20th year. The journal provides a unified educational and communication vehicle for all healthcare professionals involved in the management of the diabetic foot and brings the reader the most topical, practical and relevant content available in the field. It is published by Omnia Med Ltd, a leading specialist publishing and events company aimed at healthcare professionals working in the area of diabetes care.

East Coast Podiatry

30



EAST COAST PODIATRY®
BIOMECHANICS & LOWER LIMB CARE

Seek a career with us in Singapore. East Coast

Podiatry is recognised as a leading podiatry practice in the world. Our patients come from all over the globe for our specialised advice and treatment.

We operate several clinic locations and have over 50 full-time employees. The practice is run by a professional management team with a 13,000sqft head office.

Our multi-cultural team is known for our strong work attitude and lively team culture. We are a high performance team and our training is demanding. Meet our recruiter for a discussion at Stand 30.

EXHIBITOR INFORMATION

WELCOME

PROGRAMME

INFORMATION

EXHIBITOR
LIST & PLAN

EXHIBITOR
INFORMATION

POSTER
LISTINGS

VENUE
PLAN

Erchonia

56



ERCHONIA
World Leaders in Low Level Laser Technology

With over 25 years of experience, 16,000+ devices in the market, and 18 FDA-clearances (incl Chronic plantar fasciitis and clear nail growth associated with fungal nail infections), Erchonia® Corporation are world leaders in Low-Level Laser technologies.

Based in the UK, Erchonia Lasers Ltd are a subsidiary organisation, providing support to companies in the UK, Europe, Middle East, and Africa.

Our lasers are an advanced delivery system transporting photonic energy via electromagnetic energy transfer into the body through a true laser beam. They are used to treat a wide variety of conditions, including eliminating pain, accelerating healing, treating foot fungus, reducing body fat, and much more.

Esaote

17



Esaote celebrate the launch of 2 new Ultrasound Systems – MyLab™X9 & MyLab™X75

Esaote are leading producers of medical diagnostic systems including Ultrasound, Dedicated MRI & Healthcare IT Solutions.

The powerful & innovative MyLab™X9 operates on a premium 64-bit X ULTRA™ platform with extraordinary data processing capability - guaranteeing the highest image quality using the latest technological solutions to explore new frontiers in ultrasound imaging.

MyLab™X75 consistently provides high resolution, ensuring efficient & accurate diagnosis. User experience is enhanced by many clinical solutions including micro-vascularization assessment and liver stiffness quantification.

For a brand-new ultrasound experience please visit stand 17.

Espere Healthcare Ltd

8



Verrutop® Have you been introduced to Verrutop yet? For many of your colleagues this effective and virtually painless wart and verruca treatment is becoming a regular part of their daily treatment schedule, bringing in more patients and sending them away happy. To find out more about Verrutop or just to come and say hello face to face for the first time in 18 months come and see us on Stand 62 and see what other helpful products we have in our tool box. Pam and Chris look forward to seeing you in real life! It's great to be back amongst friends!

Firefly Orthoses Ltd

11/12



Leaders in the supply of premium custom made foot orthoses to the podiatry

profession, Firefly Orthoses is committed to helping you achieve better patient outcomes. Our industry leading Technical Support team work closely with podiatrists from across the profession to make sure the most appropriate orthoses are prescribed to meet the patients' needs.

Flexitol

27



The UK's favourite foot skincare brand.

Flexitol offers a range of foot skincare products that are used, sold and recommended by professionals, providing efficacious and clinically proven solutions to rescue dry, cracked, rough and hard skin on the feet.

Foothealth Orthotics

31



Foothealth UK are a fast growing & respected supplier of Orthotic devices serving practitioners across the UK & Ireland supplying thousands of bespoke orthotics every year in our laboratory in

Oxfordshire. We offer a range of CAD CAM and 3D printed orthotics, prescription sandals and flip flops using foot scanning technologies as well as provide educational workshops, training and seminars. Our reputation for providing outstanding customer care, quality, knowledge, efficiency & reliability enables our customers to have complete confidence in our services.

New for this year we have launched our incredible in clinic printing. Enabling practitioners to reduce overheads, help reduce carbon footprint and be in control of the production time for their devices. Visit our stand to see this very latest technology.

Footmender

26



The innovative Footmender All in One treats and heels dry feet, hard skin, corns and cracked heels with one single product.



**ROYAL COLLEGE
of PODIATRY**

Gait and Motion Technology

53



Gait and Motion Technology offer cutting edge Biomechanics Solutions for Private Clinics, Research and Elite Sport throughout the UK and

Republic of Ireland.

With over 20 years of experience working alongside our partners Materialise Motion, BTS Bioengineering and Meloq, we can offer the most comprehensive technology portfolio available today, complimented by a unique technical and clinical support service.

For the Royal College of Podiatry we will be exhibiting Footscan and Phits 3D Printed Orthotics. Phits is the world's first high-tech 3D printed insole, specifically designed based on your dynamic gait analysis using Footscan®. Optimal efficiency, superior stability and extreme durability are all qualities that have made Phits a reliable product and one that the clinician can trust.

Guaranteed to improve the understanding and experience for your patient and provide you with a fantastic new service that you can proudly promote, enthuse the team, and increase your margins.

Grahame Gardner Ltd

45



Grahame Gardner Ltd are delighted to be the official uniform partner to the Royal College of Podiatry

offering an extensive range of exclusively created workwear solutions. Our specially selected range provides members with the latest in uniform technology from polo shirts to scrubs, bringing together cutting edge design and technical fabrics to ensure unbeatable comfort.

For 115 years, we have helped organisations across the UK bring their professional identities to life through our range of quality workwear and services. We pride ourselves on being able to offer an extensive choice of garments that combine style and comfort with practicality and function.

www.grahamegardner.co.uk
0116 255 6326
info@grahamegardner.co.uk

Huntleigh

51



As a proud member of the Arjo family, we believe that great healthcare is always a collective effort.

The greatest contribution we can provide to patients, and the professionals who care for them, is confidence. This is what we have been striving for since 1979, with innovative solutions in vascular care, fetal and patient monitoring. Solutions that can assist clinicians in improving outcomes and enhancing patient

wellbeing. Whether it's the safe delivery of a new life, improving the day-to-day quality of life or monitoring life's vital signs, we aim for clinical excellence and improved performance, for life.

ICB Orthotics

42



ICB Orthotics are at the forefront of heat moulding orthotic design and development. ICB's patented dual density design and construction provides Podiatrists with the most versatile, easily adaptable pre-fabricated orthotic range on the market today. ICB's premier heat moulding orthotic range allows for quick and easy fitting, modification and customisation, in the clinic setting. With a wide range of styles, sizes, densities and orthotic additions, there is an ICB Orthotic to suit every patient. ICB Orthotics are available from DLT Podiatry: www.dltpodiatry.co.uk

Infotex Ltd

7

Infotex Ltd and Suffolk GP federation have teamed up to create an innovative and reliable self-referral system to support clinicians and their patients. Visit us at STAND 7 to book a demo, discuss the system with one of our technicians or clinician and also SIGN UP TO WIN £50 of AMAZON vouchers. We have carefully crafted our solution to meet the exact needs of podiatrists and their patients to deliver a seamless and effective treatment pathway. With our system you can:

- ENSURE excellent patient outcomes
- BOOST clinic productivity safely
- REDUCE waiting lists and processing times

We look forward to seeing you there! www.infotex.uk/podiatry-show

Integra

2



Integra LifeSciences is a global leader in regenerative technologies, advanced wound care and neurosurgical

solutions dedicated to limiting uncertainty for clinicians, so they can focus on providing the best patient care. Integra offers a comprehensive portfolio of high quality, leadership brands that include Integra® Dermal Regeneration Template, Integra® Flowable Wound Matrix, MediHoney®, PriMatrix®, SurgiMend® and TCC-EZ®. Please visit our stand to see how our products are improving patients' lives by accelerating the recovery of burns and wounds. For the latest news and information about Integra and its brands, please visit www.integralife.com

Joya Shoes

54



We at Joya firmly believe that any pain at the musculoskeletal system should not limit you. We are specialized in developing

footwear, that activates and relieves muscles, so that our customers are able to stay mobile for a lifetime.

Following our guiding principle – «therapy instead of surgery» - we encourage people to rethink and put a stop on the rising health costs, caused by unnecessary surgeries.

Whether back pain, herniated disc, foot, knee or joint pain - Joya offers relief and comfort at all times!

For more information or to become a Joya stockist, visit Stand 54. info@goldenconcept.co.uk

EXHIBITOR INFORMATION

WELCOME

PROGRAMME

INFORMATION

EXHIBITOR
LIST & PLAN

EXHIBITOR
INFORMATION

POSTER
LISTINGS

VENUE
PLAN

K-Laser UK (VBS Medical Ltd)

60



K-Laser-Therapy is revolutionising podiatric care: a scientifically proven, non-invasive, painless treatment option for MSK conditions, pain management, verrucas, onychomycosis and wounds.

It provides safe, non-invasive, rapid treatments that stimulate biological tissues, resulting in accelerated, good quality healing in acute and chronic conditions.

Through extensive training and ongoing clinical assistance, K-Laser UK ensures that each practice adopting K-Laser-Therapy is given the best possible knowledge in practical use, clinical competence and marketing promotion of their new service.

The all-in-one device that increases your therapeutic options and profit, K-Laser is the most advanced and versatile tool for the 21st Century Podiatrist.

LBG Medical

43



At LBG Medical our mission is to enable as many people as possible to enjoy superior foot care to improve their quality of life. Since 1980 we have had a deep rooted passion and dedication to providing high performance, clinically proven foot orthotics and footwear. Every member of our team is dedicated to your happiness, whether it be through our friendly customer service, innovative product design or expert product advice and renowned technical support.

LimbO Waterproof Protectors

5



The LimbO waterproof protector helps patients' bath and shower without getting dressings, casts, PICC lines wet. Restores quality of life and avoids wet dressings and the risk of infection.

Easy to put on and comfortable with no constriction, the LimbO is a trusted product throughout the NHS.

LimbO half leg, Foot and PICC line models available on FP10 prescription, they can also be purchased directly from us.

Recommended by TVNs, district and community nurses, podiatrists, IV Access and OPAT teams, physiotherapists, plaster technicians and care home nurses.

Full range of sizes including children's sizes.

www.limboproducts.co.uk
Phone: 01243 573417

myfootcaresupplies

22



WELCOME TO MYFOOTCARESUPPLIES.COM

Footcare, Chiropody and Podiatry Supplies at Wholesale Prices!

myfootcaresupplies.com is run by C&P Medical Trading Ltd specifically to serve the needs of podiatrists and chiropodists.

C&P Medical Trading Ltd is a wholesaler, who have been supplying medical products since 1998- we buy in bulk, branded disposable medical products and sell them to smaller wholesalers and also directly to podiatrists and chiropodists. This keeps our prices very com

Only Footcare Ltd

4



Since 2018 our aim has been to offer unique and innovative products and services to the UK & Irish foot healthcare market. Sourcing products from the very best suppliers around the world, together with evidence of their efficacy, our brands are the best of their kind on offer. Backed by a team of foot healthcare professionals, we offer training and support in our various product lines. We want you to be able to offer treatments to your patients that offer them choice and value.

Orca Medical

37



Orca Medical offers portable ultrasound solutions and Ultrasound education.

We source innovative and affordable mobile ultrasound scanners for all healthcare professionals involved in the care of MSK patients. We support specialists in Podiatry, Physiotherapy, Elite Sports, and Rehabilitation.

With over 30 years of expertise in ultrasound, we help medical professionals to adopt or expand the use of ultrasound imaging in their practice.

Come and discuss ultrasound with us and we will help you determine what systems, training programmes and financial solutions best fit your clinical practice and budget plans.

Expand your practice with portable ultrasound solutions from Orca Medical.

Ortho-Med

15



Provider of insoles since 1998 and a premium foot cream to Podiatrists. Xurea® Foot balm Plus, utilising a high concentration urea and glycerin in combination is perfectly formulated using fourteen active ingredients; limiting potential sensitising ingredients such as preservatives, lanolin and fragrances often contained in other creams and balms. Visit stand 15 to learn more.



ROYAL COLLEGE
of PODIATRY

PolyNovo UK Limited**13**

NovoSorb BTM (Biodegradable Temporising Matrix) is a unique synthetic dermal scaffold that provides an effective reconstructive option for a range of complex

wounds.

BTM is indicated for use in the management of wounds including partial and full thickness wounds, pressure ulcers, venous and diabetic ulcers, surgical wounds, trauma wounds, burns, and scar reconstruction.

This unique matrix is composed of a wound-facing biodegradable open cell foam, bonded to a non-biodegradable transparent sealing membrane.

BTM enables the generation of a vascularised neodermis which provides a more robust foundation for wound reconstruction than grafting alone, limiting wound scarring and contracture.

Royal College of Podiatry**49**

We believe our members should be treated like royalty – literally! Please come and visit us at the

College membership stand to celebrate our new royal status. Our staff team will be there to royally welcome you and to help with any College queries. Plus, you can enjoy a photo op in the throne room, and we will have our King of the Doppler 60 second challenge for the chance to win the royal jewel of an ATP mobile vascular kit.

Schein Orthopädie Service KG**70**

Schein is one of the leading manufacturers in the orthopaedic supplier industry.

Shoefit.uk**55**

At Shoefit.uk, we provide a broad range of footwear to suit a variety of needs. Whether you want to aid a health issue, or just want something

for everyday comfort, we have a hand-picked selection of products based on over 40 years of shoe fitting experience from a multi-award-winning team.

Shuropody**44****SHUROPODY**

UK's Largest Private Provider of Podiatry Services

Shuropody is the UK's largest podiatry business with almost 50 stores across the country and over 100 clinics staffed with fully qualified HCPC registered podiatrists.

Our clinics are the backbone of our business and over the past three years we have invested heavily into new technology across all our stores, from Swift verruca therapy to Podosmart wi-fi enabled insoles. We are also the UK's largest FootBalance customer with over 30,000 happy patients wearing our customised insoles.

We're always looking for talented clinicians to join our growing business, pop over to our stand and discuss the exciting opportunities here at Shuropody!

Sidas**57**

As a Sidas World partner we work daily with leading professionals in Podiatry, Physiotherapy, Osteopathy, Sport and Footwear Companies, all of whom have

complementary expertise. Contributing responsibly so that everyone can enjoy their life to the fullest, thanks to solutions adapted to their feet and their body.

PODIATECH, a complete offering for podiatry.

Innovations developed in conjunction with experts, elite athletes and prestigious organisations, across both its sporting and medical divisions.

- Precise analysis tools and accessories for clinical examinations
- Equipment, consumables and accessories for the production of orthotics
- Furniture and equipment to meet the needs of podiatrists.

WELCOME

PROGRAMME

INFORMATION

EXHIBITOR LIST & PLAN

EXHIBITOR INFORMATION

POSTER LISTINGS

VENUE PLAN

EXHIBITOR INFORMATION

WELCOME

PROGRAMME

INFORMATION

EXHIBITOR
LIST & PLAN

EXHIBITOR
INFORMATION

POSTER
LISTINGS

VENUE
PLAN

SOCKSHOP

6



Here at SOCKSHOP, we are a proud family-run business. Established in 1983, our reputation is built on many years of expertise in the socks and underwear arena, working alongside a global

portfolio of credible retail partners.

Our expert team live and breathe the industry; designing, developing and distributing socks for our own SOCKSHOP portfolio of brands, as well as those under exclusive license.

We listen to the marketplace and provide solutions. From tailoring to those with diabetic needs, right the way through to driving seasonal fashion and giftables. Whatever the reason, our philosophy is to feel good from the feet up. Today, our brands are distributed across the globe, where they can be found in just about every sock drawer, inside every household.

Swann Morton

23



Located in Sheffield since 1932, Swann-Morton have become a world

leader in the manufacture of quality surgical blades, scalpels and handles with a reputation for precision, consistency, and reliability. A wide and varied range provides the practitioner with a choice of tools for each treatment stream enabling them to optimise their patient outcomes and satisfaction.

The Swann-Morton Sabre E/11 blade remains popular for removing areas of hard skin associated with corns and calluses thus minimising discomfort whilst the Fine SM61 and SM62 "single bevel blades" can act like a small chisel which when inserted in and around the nail assists with relief from painful, ingrowing, involuted or thickened toenails.

SweatHelp (Limbco)

35



SweatHelp is a trading website of Limbco Ltd which is a small family run company that supplies products to help patients with hyperhidrosis (excessive sweating)

including clothing, a range of strong antiperspirants and iontophoresis devices at www.sweathelp.co.uk. We supply products to help with sweating of the feet, hands, underarms face and body. We also provide extensive information on hyperhidrosis and support for patients, carers and healthcare professionals at

www.hyperhidrosisuk.org.

Swift

47



Swift Microwave Therapy is being used across the UK for the treatment of verrucae.

However, Swift is more than just an effective treatment.

It is a community of more than 800 trained UK HCPC registered podiatrists.

It is a partnership with the Swift team to improve clinical treatment and protocols, and to identify new treatment areas that can make a real difference to patients' lives.

It is a referral network that refers patients direct from the UK patient website to nearby Swift clinics.

The technology is just the start.

To find out more, visit our stand.

Thermetrix

16



Thermetrix is an ISO 13485

registered innovation leader in

medical device manufacturing, focussing on thermography to support clinical diagnoses and care pathways. Thermetrix staff were involved in a National Institute for Health Research (NIHR) project which confirmed that foot temperature is strongly associated with inflammation and subsequent ulceration. This led to the innovative Podium system for routine clinical use to empower clinicians in managing foot care. The Podium System assists healthcare professionals in their assessment of feet, minimizing the initial occurrence, improving the monitoring treatment pathways of critical foot complications such as diabetic foot ulcers which often lead to amputations.

Urgo

38



Urgo Medical is a global wound care company offering a range of innovative dressings, compression bandaging and hosiery.

Our UrgoStart Plus treatment range is recommended by NICE for the treatment of venous leg ulcers and diabetic foot ulcers. Urgo Start Plus is the only dressing proven to reduce healing time of leg ulcers, diabetic foot ulcers and pressure ulcers.

Our focus is on working in partnership with healthcare professionals to help move from managing wounds to healing lower limb wounds using unique technologies and solutions.

We believe strongly in evidence based care, and pride ourselves on our products having the highest level of clinical evidence available to support their usage.

To help deliver improved patient outcomes and reduced healing time, we also offer market-leading education and support through our experienced clinical team.

Our brands include UrgoStart Plus, UrgoKTwo, UrgoClean Ag and UrgoTul Absorb Border.

Urgo Medical. Healing people.

www.urgo.co.uk



ROYAL COLLEGE
of PODIATRY

POSTER LISTING

- P01** Foot emergency action team (feat) - managing diabetes foot complications in the clinically vulnerable during COVID-19
Jessica Bolton; Paul Taylor; Paul Dee; Joelle Baynham, Dorset Healthcare University NHS Trust
- P02** Pilot patient study investigating the impact on the provision of care of active diabetic foot disease during peak COVID-19 pandemic restrictions
Sinead Flynn; Caroline McIntosh, National University of Ireland, Galway
- P03** In-shoe digital foot technologies for diabetic foot ulcer prevention
Claire Thorne, University of Malta
- P05** Routine fluorescence imaging to detect wound bacteria reduces antibiotic use and antimicrobial dressing expenditure while improving healing rates: Retrospective analysis of 229 foot ulcers
Nadine Price, North East London NHS Foundation Trust
- P06** Reducing MINOR Amputation Rates in A Diabetes Limb Salvage Service (DLSS) Root Cause Analysis (RCA) to Guide Service Improvement
*Thomas Dickie*¹; David Russell²; Heidi Siddle¹, ¹Leeds Teaching Hospitals NHS Trust; ²Leeds Teaching Hospitals NHS Trust, Vascular.
- P07** Foot morbidity in patients with ESRD on dialysis
Nathalie Schembri; Cynthia Formosa, University of Malta
- P08** How reliable is your National Diabetic Footcare Audit (NDFA) data?
*Thomas Dickie*¹; Begonya Alcacer-Pitarch²; Helena Meally², ¹Leeds Teaching Hospitals NHS Trust; ²Podiatry, Leeds Teaching Hospitals NHS Trust
- P10** Real-world experience of the FlowOx device in diabetes foot disease in a single centre
Fiona Main, NHS Highland
- P11** Shared patient and multidisciplinary foot team experiences in using a hands-free single crutch as a novel therapy in the post-operative rehabilitation of diabetes-related foot complaints
*Daina Walton*¹; *Joanne Casey*¹; Chris Manu¹; Prashanth Vas¹; Christian Pankhurst²; Charlotte Hobbs¹, ¹King's College Hospital NHS Foundation Trust; ²Guy's and St.Thomas' NHS Foundation Trust
- P12** DRIVES STUDY: Differences in MDT Referrals in Infections and Vascular Evaluation Study. Evaluation of the extent COVID-19 has impacted referrals to diabetic Multi-Disciplinary Team (MDT) services from Podiatric services and clinical outcomes of patients within an English community NHS Trust
Ella Reid; Warren Song; Lindsey Cherry; Lucy Gates, University of Southampton
- P13** Trigger hallux in the diabetic patient: surgical options and case presentation
Matthew Mee; Ewan Kannegieter; Provide CIC Podiatric Surgery
- P17** The relationship between plantar foot lesion patterns and first metatarsophalangeal joint (MTPJ) mobility
Jennifer Topalian, Cardiff Metropolitan University
- P18** Neurospecific Foot Mobilisation: towards a biological plausibility hypothesis of a passive intervention in relation to adult post-trauma dystonic foot and ankle presentations
Ian Linane, PodiaClinic Ltd
- P19** The use of in-shoe diagnostic foot technology in ulcer prevention - a Maltese perspective
Claire Thorne, University of Malta
- P21** Comparing the amount of contractility in elastic 'kinesiology' tape when applied to the thinner skin on the lateral surface of the leg and the thicker skin on the plantar surface of the foot at maximum stretch
*Alec Pendrill*¹; John Tasker²; ¹Podiatry; ²Birmingham School of Podiatry
- P23** Foot skin hydration: Quantification, interpretation and opportunities for modification
Jennifer Andrews, EPSRC Centre for Doctoral Training in Prosthetics and Orthotics
- P24** Complex regional pain syndrome
Benjamin Loh, University of Southampton
- P25** Developing a career-long mentorship framework
Emma Noe; *Robin Hull*, Harrogate and District NHS Foundation Trust
- P26** Motivations for career choice for podiatry students in England: Findings from a national questionnaire
*Lucy Wallis*¹; Rachel Locke¹; James Faulkner¹; Beverley Harden², ¹University of Winchester; ²Health Education England
- P27** Second-year health and social care students experiences of interprofessional education in the university setting
Catriona Doyle; Alison Power, University of Northampton
- P28** Innovative use of visual technology for clinic based teaching
Claire Froggatt; Tracy Walker, Durham School of Podiatric Medicine at New College Durham

To view the online poster display, please scan the QR code here with your mobile device



WELCOME

PROGRAMME

INFORMATION

EXHIBITOR
LIST & PLAN

EXHIBITOR
INFORMATION

POSTER
LISTINGS

VENUE
PLAN

100

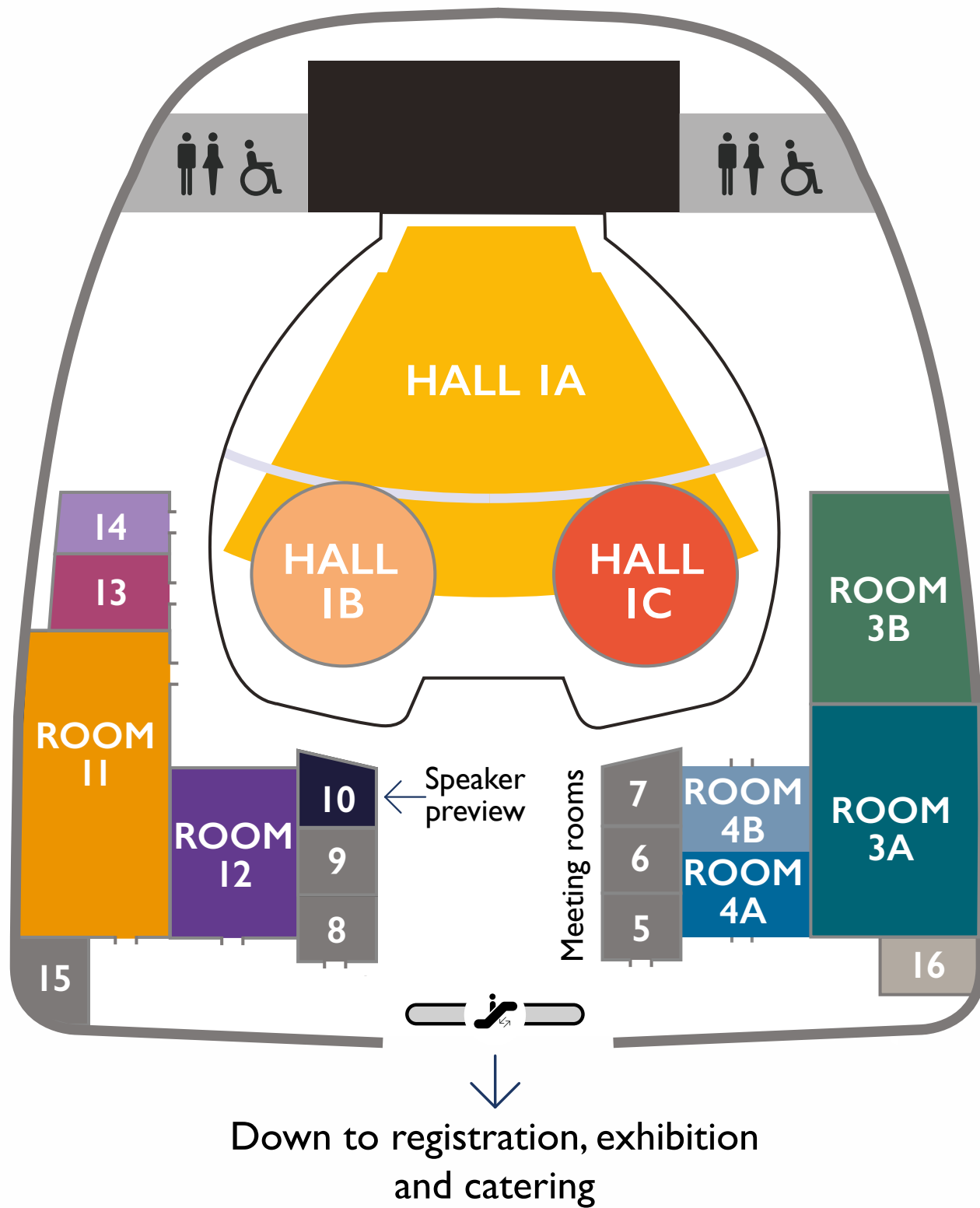
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VENUE PLAN



WELCOME

PROGRAMME

INFORMATION

EXHIBITOR
LIST & PLAN

EXHIBITOR
INFORMATION

POSTER
LISTINGS

VENUE
PLAN



ALGEOS

Stand 29

DON'T MISS!
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See us at the Demo Zone

EMS Shockwave Therapy with Emily Ball
Thursday 18th November at 16.20 – 16.35

T-Plate Pressure Analysis System with Graham Beck
Friday 19th November at 11.15 – 11.30

**Orthotic Therapy Introduction & Material Selection
with Vince Zevallos-Herencia**
Friday 19th November at 14.55 - 15.10

Plus! Visit our stand for the latest
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medicapteurs

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pressure analysis in
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voxelcare
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Get hands-on with
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EMS

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demonstrations.



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The latest range
of Low and High
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All-new autoclaves
are an evolution in
clinic sterilisation.

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