

ANNUAL CONFERENCE
& EXHIBITION



ROYAL COLLEGE
of PODIATRY



PODIATRY 2022

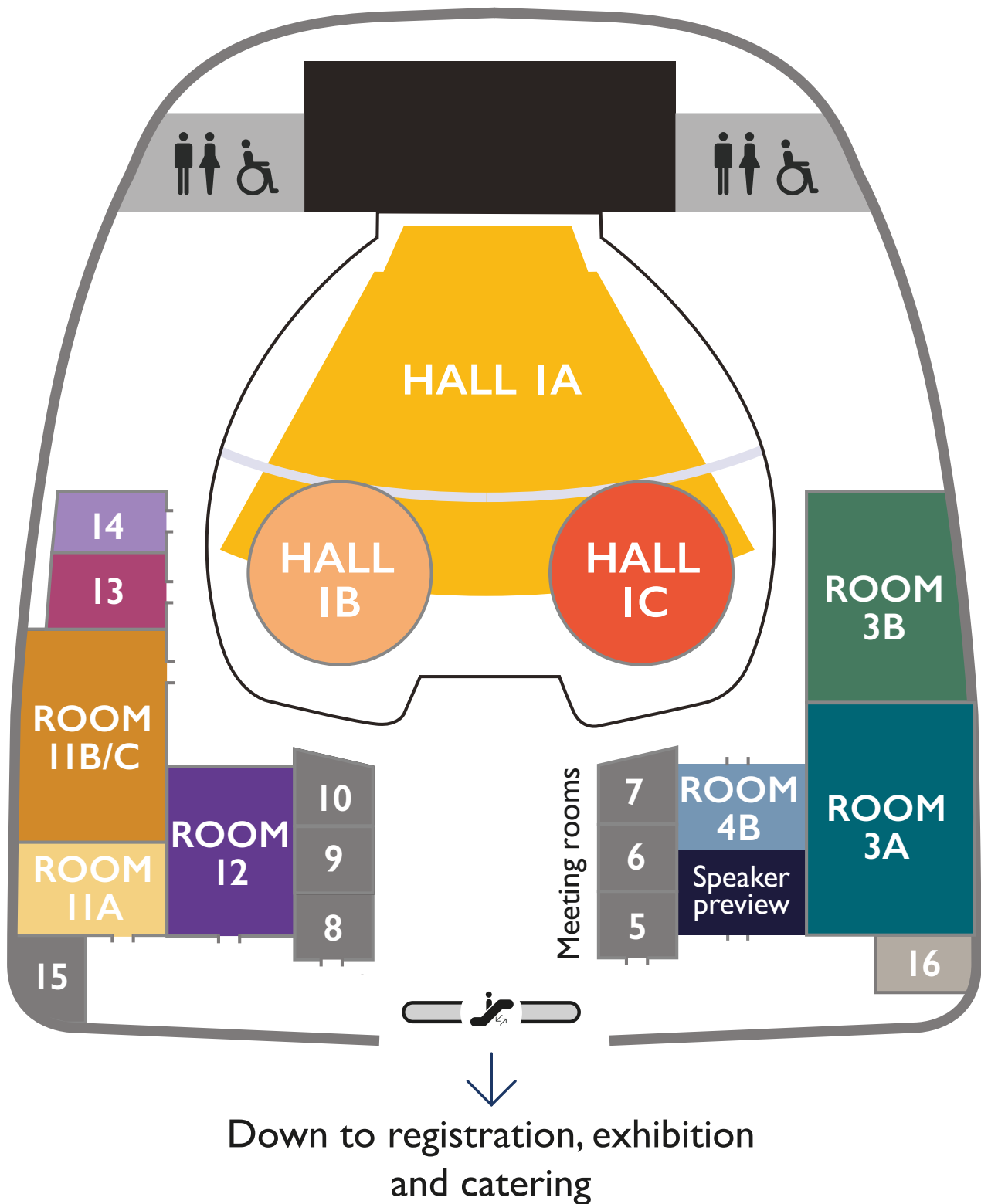
STEP INTO THE FUTURE

ACC
LIVERPOOL

7-9 JULY
[RCPOD.ORG.UK/RCPOD22](https://rcpod.org.uk/rcpod22)

CONFERENCE HANDBOOK

VENUE PLAN



CHAIR'S WELCOME



Dear Colleagues,

On behalf of the whole Conference Committee, I would like to welcome you all back to Liverpool for the Royal College of Podiatry (RCPod) Annual Conference 2022. It presents all of us with another opportunity to meet face-to-face and network.

This Conference has come around quickly from the November 2021 event. The reason is so that the RCPod and the ACC Liverpool can honour their contractual obligations, originally unsettled because of the pandemic.

However, it allows us to stage an event in the summer, and provide a different dimension to social activities! Please consider signing up for the morning running club and evening yoga session and enjoy all that the Liverpool dockside has to offer in the warm summer evenings.

As we make our way further out of the pandemic, the Conference Committee worked rapidly to develop a program that we hope you'll find stimulating and will benefit your practice.

Importantly, the Committee is keen to demonstrate how podiatry adapted to the pandemic and what lessons were learnt and carried forward.

Of particular note is the exceptional job the Committee has done in drawing together one of the largest trade gatherings of podiatry-related companies, which we are sure will benefit you all. We encourage you all to take time out to see and engage with the exhibitors.

Furthermore, we have managed to secure the Dementia Bus and it will provide a unique insight into what it is like to live with dementia.

Once again welcome to Liverpool. We hope you have an enjoyable and rewarding experience at our Annual Conference.

Matthew Cichero

FACPS FRCPodS FRCPodM MPod BAppSci(Pod) RCPS(Glasg)

Conference Chair

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Conference organisers

Profile Productions Ltd

Boston House, 69-75 Boston Manor Road, Brentford TW8 9JJ

www.profileproductions.co.uk

RCPOD@profileproductions.co.uk

020 3725 5840



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CONFERENCE PROGRAMME

Thursday 7 July

08:30-13:30 Registration open

09:30-11:00 Annual General Meetings

ROOM 3B

09:30 Arch Support AGM

09:50 The Royal College of Podiatry AGM

9:30-11:30 Save a Life: 2 hour Red Cross BLS training (Fully-booked)

ROOM 13

11:00-12:00 Student Network 'Meet and Greet'

ROOM 12

11:00 REGISTRATION

12:15-13:30 WELCOME PLENARY SESSION

HALL 1A

12:15 Conference opening

Lord Kennedy of Southwark, President, The Royal College of Podiatry

12:30 Welcome to conference from the CEO and Chair of The Royal College of Podiatry

Steve Jamieson, Chief Executive and General Secretary, The Royal College of Podiatry
Michelle Scott, Chair, The Royal College of Podiatry

12:45 Keynote speaker: Athletic insights

Steve Cram CBE, Former athlete and now athletics commentator

13:10 Political keynote

Peter Dowd, MP for Bootle

13:30 Exhibition opens

13:30-14:45 Lunch, exhibition and poster viewing

EXHIBITION HALL

14:45-15:45 CLINICAL UPDATE AND WORKSHOPS

A1 KEY CLINICAL UPDATES – RESEARCH GOLD STANDARDS

HALL 1A

Main session

Chair: *Matthew Cichero, Chair of Conference*

Dermatology - Covid toe - *Ivan Bristow, Podiatrist, Lymington, Hampshire and Adjunct Associate Professor QUT*

Diabetes - *Fran Game, Consultant Diabetologist and Director of R&D, University Hospitals of Derby and Burton NHS Foundation Trust*

Podiatric Sports Medicine and MSK - *Professor Nachiappan Chockalingam, Director, Centre for Biomechanics and Rehabilitation Technologies, Staffordshire University*

ASSESSMENT AND DIAGNOSIS WORKSHOPS Available to view on demand for 3 months

A2 RHEUMATOLOGY: DIAGNOSING INFLAMMATORY JOINT DISEASE

ROOM 3A

• *Dr Jon Packham, Consultant Rheumatologist and Clinical Associate Professor in Rheumatology, Midlands Partnership Foundation NHS Trust and University of Nottingham*

A3 MSK: POSTERIOR HEEL PAIN ACHILLES TENDON

ROOM 11BC

• *Professor Nat Padhiar, Consultant Podiatric Surgeon and Honorary Clinical Professor of Podiatric Sports Medicine, Centre for Sports & Exercise Medicine, Barts & The London School Of Medicine, Queen Mary University Of London*

• *Trevor Prior, Consultant Podiatric Surgeon, Homerton Hospitals NHS Foundation Trust*

Thanks to Celtic SMR for supplying equipment

celticSMR
HEALTHCARE

A4 BACK TO BASICS: ABC TO VASCULAR ASSESSMENT

ROOM 3B

Limited capacity pre-booked only

• *Joanne Casey, Podiatry Project Officer, The Royal College of Podiatry*

• *Andrew Latham, Podiatrist and Vascular Specialist Advisory Group Member*

• *Sophie Bennett, Podiatry Student, Southampton University*

A5 ASSESSING FOREFOOT PAIN

ROOM 11A

Limited capacity pre-booked only

• *Dr Emma Cowley, Senior Teaching Fellow in Podiatry, University of Southampton*

• *Suzy Speirs, Consultant Podiatric Surgeon, Central London Community Healthcare NHS Trust*



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A6 Limited capacity pre-booked only	INDEPENDENT PRACTICE WORKSHOP	ROOM 12
	<p>Going paper-light in practice – how to work sustainably and effectively using technology</p> <p>Chair: Emma McConnachie, Media and Communications Officer, The Royal College of Podiatry</p> <p>Practice management software - Joel Friedlaender, Cliniko Founder</p> <p>Effectively utilising technology in practice - Dave James, Coach, Mentor and International Speaker, Dave the Coach Ltd</p> <p>Managing your finances - Rob Jeffery, Head of Partnerships, Clover</p>	
14:45-15:45	WORKSHOP	ROOM 14
	Orca Medical Ultrasound Workshop 1 – see page 11 for rest of the programme	
15:45-16:45	Refreshments, exhibition and poster viewing	EXHIBITION HALL
15:50-16:05	Talarmade demo zone 1: Evidence-based design footwear to reduce and redistribute plantar forefoot pressures	
16:15-16:30	Firefly Orthoses demo zone 2: Treatment of foot drop utilising the Richie brace	
16:45-18:00	PLENARY SESSION	HALL 1A
16:45	<p>Chair's welcome</p> <p>Michelle Scott, Chair, The Royal College of Podiatry</p>	
16:50	<p>Post Covid recovery and podiatry</p> <p>Suzanne Rastrick, Chief Allied Health Professions Officer, NHS England and NHS Improvement Virtual presentation</p>	
17:00	<p>Ageing and diabetes</p> <p>Prof Mike Edmonds, Consultant Diabetologist, King's College Hospital</p>	
17:15	<p>Ageing and foot biomechanics - the promise of gamification therapies</p> <p>Professor Bijan Najafi, Director of Clinical Research, Division of Vascular Surgery and Endovascular Therapy Baylor College of Medicine, Texas, USA Virtual presentation</p>	
18:00-19:15	<p>Networking welcome reception hosted in the exhibition including Assistant Practitioners</p> <p>Networking session</p>	EXHIBITION HALL
18:15-18:30	Emblation demo zone 3: Swift® Treatment Demonstration	
18:40-19:15	<p>Digital poster presentations</p> <p>Facilitators: George Dunn, Member of Council, The Royal College of Podiatry and Jennifer Andrews, PhD Student, EPSRC Centre for Doctoral Training in Prosthetics and Orthotics</p>	EXHIBITION HALL
18:00-19:00	Student Careers Networking Session	ROOM 12

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07:00	5K fun run - meet at main entrance	
08:15	Registration, refreshments, exhibition and poster viewing	EXHIBITION HALL
09:00-11:00	PLENARY SESSION	HALL 1A
09:00	Chair's welcome <i>Martin Fox, Vascular Specialist Podiatrist, Manchester Local Care Organisation, Council Member and Chair, Clinical Senate, The Royal College of Podiatry</i>	
09:05	Skin oncology: Early diagnosis in nail disease <i>Professor Luc Thomas, Department of Dermatology, Lyons Cancer Research Centre</i>	
09:35	The National Wound Care Strategy Programme: Improving lower limb care <i>Krishna Gohil, Clinical Lead: Lower Limb Workstream, National Wound Care Strategy Programme, Academic Health Science Network</i>	
10:05	The Private Practice Ninja – what it takes to grow a successful private practice <i>Dr Cath Spencer-Smith, Consultant Physician in Sports and Exercise Medicine, Private Practice Ninja Virtual presentation</i>	
10:35	RED-S and bone health <i>Nicky Keay, Exercise Endocrinologist and Honorary Clinical Lecturer, UCL Virtual presentation</i>	
11:00-11:45	Refreshments, exhibition and poster viewing	EXHIBITION HALL
11:15-11:30	3D Ortho Pro demo zone 4: The benefits of a digital workflow for custom 3DP foot orthoses - <i>Doug Young BDM & Orthotist</i>	
11:45-12:45	CONCURRENT SESSIONS B	
B1	PODIATRIC SPORTS MEDICINE: Mid portion Achilles tendon – an MDT approach to successful management <i>Chair: Professor Nat Padhiar, Consultant Podiatric Surgeon and Honorary Clinical Professor of Podiatric Sports Medicine, Centre for Sports & Exercise Medicine, Barts & The London School Of Medicine, Queen Mary University Of London</i>	HALL 1B
11:45	Mid-portion Achilles tendinopathy: pathophysiology and aetiology - Dr Toby Longwill, GP and Club Doctor for Charlton Athletic, NHS	
12:00	Radiology - imaging choices - Dr Hifz Aniq, Consultant MSK Radiologist, Liverpool University Hospitals	
12:15	Conservative treatments & biomechanics of AT Ms - Caoimhe Hoey, Specialist in Podiatric Sports Medicine & Orthopaedic Surgical Assistant, Bon Secours Hospital Galway	
12:30	High volume image guided injection: Treatment of choice? - Professor Nat Padhiar, Consultant Podiatric Surgeon and Honorary Clinical Professor of Podiatric Sports Medicine, Centre for Sports & Exercise Medicine, Barts & The London School Of Medicine, Queen Mary University Of London	
B2	VASCULAR <i>Chair: Lawrence Ambrose, The Royal College of Podiatry</i> CVD Prevention - Dr Scott Murray, Consultant Cardiologist, Venturi Cardiology AF detection and diagnosis - Dr Jane Lewis, Reader in Podiatric and Circulatory Medicine, Cardiff Metropolitan University	HALL 1A
B3	SURGERY The integration of Podiatric Surgery into the limb salvage MDT <i>Chair: Mr James Cowden, Podiatric Surgeon, University Hospitals Birmingham</i> • Ms Rachel Sam, Consultant Vascular Surgeon, University Hospitals Birmingham • Ms Helen Milnes, Consultant Podiatric Surgeon, University Hospitals Birmingham • Ms Vicki Ashfield, Clinical Lead Podiatrist, University Hospitals Birmingham	ROOM 11BC
B4	FORENSICS Stepping onto new turf: lessons learned so far <i>Chair: Dr Sarah Reel, Senior Lecturer, University of Huddersfield</i> How forensic podiatry knowledge is useful for all podiatrists: the application of forensic podiatry principles in clinical practice - Rachel Vernon, Specialist Podiatrist, Sheffield Teaching Hospitals NHS Trust Small Fish in a Big Pond: How forensic podiatry has established standards in the forensic science arena - Professor Ivan Birch, Forensic Gait Analyst, FGA Services and Dr Sarah Reel, Senior Lecturer, University of Huddersfield	ROOM 11A

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B5	MSK and fatigue Chair: Jill Halstead-Rastrick, R&D Committee Member, Royal College of Podiatry The role of the AHP in the assessment and management of fatigue in MSK presentations - William Gregory, Consultant Physiotherapist, Salford Care Organisation – Northern Care Alliance NHS Foundation Trust Living with long Covid - Dr Manoj Sivan, Associate Clinical Professor and Honorary Consultant in Rehabilitation Medicine, University of Leeds	HALL 1C
B6	INDEPENDENT PRACTICE Chair: Claire Angus, The Royal College of Podiatry Practical private practice marketing - Dave James, Coach, Mentor and International Speaker, Dave the Coach Ltd	ROOM 3A
B7	STUDENT NETWORK Sports Medicine Biomechanics Trevor Prior, Consultant Podiatric Surgeon, Homerton Hospitals NHS Foundation Trust	ROOM 12
B8	PROFESSIONAL PRACTICE: Keeping up to date - protect yourself, protect your patients: Standards, guidelines and regulations Sharon Gray and Katie Harwood, Professional Support Officers, The Royal College of Podiatry	ROOM 4B
B9	ELDERLY CARE Chair: Paul Chadwick, The Royal College of Podiatry Frailty and falls prevention - Helen Branthwaite, MSK Project Lead, Royal College of Podiatry and Joanne Casey, Project Officer, The Royal College of Podiatry	ROOM 3B
12:45-13:45 Lunch, exhibition and poster viewing		
13:15 -13:30 ALGEOS demo zone 5: An Introduction to Guided Dolorclast Therapy and how it can help boost your practice		
13:45-14:45 CONCURRENT SESSIONS C		
C1	DERMATOLOGY Chair: Ivan Bristow, Podiatrist, Lymington, Hampshire and Adjunct Associate Professor QUT Acral dermatology - Dr Kash Bhatti, GP and GPwER (Dermatology), The Mid Yorkshire Hospitals NHS Trust Paediatric dermatology at Alder Hey Hospital - Sophie Dolman, Paediatric Dermatology ANP and Dermatology/Allergy Manager, Alder Hey Children's Hospital, Liverpool	HALL 1A
C2	RESEARCH Contemporary research in private practice, the NHS and industry Chair: George Dunn, Member of Council, RCPod <ul style="list-style-type: none"> • Dr Vicki Cameron, Private Podiatrist, Steps Podiatry • Dr Richard Collings, Team Lead Podiatrist, Torbay and South Devon NHS Foundation Trust and Honorary Fellow, University of Plymouth • Jennifer Andrews, PhD Student, EPSRC Centre for Doctoral Training in Prosthetics and Orthotics 	ROOM 11A
C3	LEADERSHIP AND MANAGEMENT Chair: Paul Chadwick, Clinical Director, The Royal College of Podiatry	HALL 1B
13:45	Leading without authority - Paul Chadwick, Clinical Director, The Royal College of Podiatry	
14:15	Podiatrists' taking the lead: a trade union perspective - Chris Ansermoz, Paediatric Podiatrist, NHS	
14:30	How clinicians can influence National Agenda - Leanne Atkin, Legs Matter Coalition Member	
C4	STUDENT NETWORK: Vascular workshop <ul style="list-style-type: none"> • Sue Matthews, Vascular Specialist Podiatrist, Manchester Leg Circulation Service, Manchester University NHS Foundation Trust. Chair of The Royal College of Podiatry Vascular Special Advisory Group • Pam Smith, Vascular Specialist Podiatrist, Salford Royal NHS Foundation Trust • Martin Fox, Vascular Specialist Podiatrist, Manchester Local Care Organisation, Council Member and Chair, Clinical Senate, The Royal College of Podiatry 	ROOM 3A
C5	PROFESSIONAL PRACTICE How to handle patient complaints: Top tips for preventing a complaint turning into litigation or a HCPC complaint - Katie Harwood and Sharon Gray, Professional Support Officers, The Royal College of Podiatry and Mike Scherp and Michaela Nicholas, Solicitors, Weightmans LLP	ROOM 12

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C6	PRESCRIBING Chair: <i>Saul Hill, RCPod Medicines Committee</i> Antibiotics and Antimicrobial Stewardship - <i>Dr Naomi Fleming, Antimicrobial Stewardship Lead for East of England, NHSE</i> Use of supplementary prescribing and independent prescribing to enhance clinical practice - <i>Dr Jean Mooney, Private Practitioner</i>	HALL 1C
C7	CHILDREN AND YOUNG PEOPLE Chair: <i>Jill Phethean, Lecturer, University of Salford</i> Podopaediatrics and the pandemic – How the Covid crisis helped to modernise future practice - <i>Stephen Coombs, Podiatry Professional Lead, Cardiff and Vale University Health Board</i> Rule of thumb: fit information for parents - <i>Dr Carina Price, Research Fellow, University of Salford</i>	ROOM 3B
C8	SHORT PAPERS Chair: <i>Jill Halstead-Rastrick, R&D Committee Member, Royal College of Podiatry</i> A systematic review and meta-analysis of surgical treatments for ingrowing toenails - <i>Victoria Exley, University of York</i> A mixed methods exploration of stakeholder beliefs about environmental sustainability in podiatric practice: "show me how and I'll do it" - <i>Kathryn Longstaff and Edward McIntyre, University of Southampton</i> Telewound Care A boon for patients with Diabetic Foot ulcers during the pandemic - <i>Sanjay Seetharama Sharma, FootSecure</i> Innovation into action: Using the RADAI-F5 to target the window of opportunity for maintaining foot health in rheumatoid arthritis - <i>Anika Hoque, Glasgow Caledonian University</i> Recruiting research participants during the Covid 19 pandemic: comparison of face-to-face and postal questionnaire recruitment - <i>Jennifer Williams, Torbay and South Devon NHS Foundation Trust/University of Plymouth</i> An investigation of the long term impact of the COVID-19 pandemic on the education and clinical development of Podiatry students in Northern Ireland - <i>Jill Cundell, Ulster University</i>	ROOM 4B
C9	Your essential guide to starting out in business and staying on the right side of HMRC <i>David Davies, Consultant, TWD Accountants</i>	ROOM 11BC

14:45-15:45	Refreshments, exhibition and poster viewing	EXHIBITION HALL
14:50-15:05	Talarmade demo zone 6: Plantar plate dysfunction, how to quickly and easily provide a solution	
15:15-15:30	Canonbury demo zone 7: Introducing SafeTPen™	
14:50-15:20	RCPod Session: How to be more sustainable within podiatry practice • <i>Wendy Briggs, NHS Supply Chain</i> • <i>Katie Harwood, Professional Support Officer, The Royal College of Podiatry</i> • <i>Lawrence Ambrose, Head of Policy & Public Affairs, The Royal College of Podiatry</i>	ROOM 12

15:45-17:00	PLENARY SESSION Chair: <i>Matthew Cichero, Chair of Conference, The Royal College of Podiatry</i> Change your perspective: Clinical implications for darker skin	HALL 1A
15:45	MSK - <i>Leah Asante, Senior Lecturer, University of Huddersfield</i>	
15:55	Dermatology - <i>Usamah Khalid, Vice Chair of EDI, Royal College of Podiatry</i>	
16:05	Diabetes - <i>Amor Forde, Podiatry Lecturer, University of Brighton</i>	
16:15	Jewel in the crown short paper presentation A biomechanical investigation of children with Type 1 Diabetes <i>Alfred Gatt, University of Malta</i>	
16:25	Presentation of award	
16:30	Bob Prince Memorial Lecture: Its about more than Surgery <i>James Pickard, Consultant Podiatric Surgeon, The Mid Yorkshire Hospitals NHS Trust</i>	
17:00	Close	
17:15	Yoga and meditation session – <i>Sally Gates, Podiatric Research Assitant and Yoga Teacher</i>	GALLERIA BALCONY
17:15	Sponsored session: Firefly Orthoses Case History Panel <i>Zoe Wilson, Greg Gillanders, Maddie Tait, Sarah O'Connell and Glen Foley</i>	ROOM 12

CONFERENCE PROGRAMME

Saturday 9 July

08:30-09:00 Exhibition and poster viewing

EXHIBITION HALL

09:00-10:00 TOPICAL UPDATE AND WORKSHOPS

D1 Main session	STEPPING FORWARD INTO THE FUTURE FROM COVID Chair: Richard Leigh, Council Member, The Royal College of Podiatry Private practice perspective - Joanne Casey, Podiatry Project Officer, The Royal College of Podiatry Adapting Foot Attack Response: Lessons learnt and benefits gained from the COVID pandemic - Oliver Harness, Integrated Diabetes and Hot Foot Coordinator, Great Western NHS Foundation Trust Education - Manju Mital, Senior Lecturer and Programme Lead, University of Northampton	HALL 1C
D2	NAIL SURGERY Chair: Saul Hill, MDMC, The Royal College of Podiatry Common issues unpicked and assessing patients - Dr Jean Mooney, Private Practitioner	HALL 1A
D3	FOOTWEAR Top tips on footwear fit and footwear design: industry secrets <ul style="list-style-type: none"> Dr Carina Price, Research Fellow, University of Salford Dr Jane McAdam, Associate Dean, Enterprise and Engagement, University of Salford and Member of Royal College of Podiatry Council 	ROOM 3B
D4	Employing and training apprentices in private practice Chair: Emma Stoneman, Chair, Royal College of Podiatry Apprenticeship Group Overview of apprenticeships - Jennifer Stone, Apprenticeship Relationship Manager (London Region), NHS Health Education England Case study: experiences of apprenticeship in private practice - Johnathan Scott, Student Podiatrist (Apprentice), Dorchester Podiatry and Wellbeing Employment law and apprentices - Anwar Ali, Employment Relations Officer, The Royal College of Podiatry	HALL 1B
D5	SHORT PAPERS Risk factors differ for localised and non-localised foot pain in people aged over 50 years - Lindsey Cherry, University of Southampton & Solent NHS Trust Superficial Tissue Swabs versus Deep Tissue Samples in the detection of microbiological profile of Infected Diabetic Foot Ulcerations - Cynthia Formosa, University of Malta Implementation of hydrosurgical debridement in multidisciplinary team diabetic foot clinics within the NIHR funded MIDFUT study - Helena Meally, Birmingham Community Healthcare NHS Foundation Trust Changing course, evidencing uptake of podiatry led lower limb community Vascular Triage - Andrew Latham, Central London Community Health Care NHS Trust An exploration of arterial duplex parameters and their potential for guiding the diagnosis of peripheral arterial disease - Catriona Doyle, University of Northampton Research priorities in diabetic foot disease- a James Lind Alliance priority setting exercise - Richard Collings, Torbay and South Devon NHS Foundation Trust	ROOM 12

10:00-11:00 Refreshments, exhibition and poster viewing

EXHIBITION HALL

PLENARY SESSION – VOTING

HALL 1A

Chair: Matt Cichero, Chair of Conference

11:00	This house believes current education models are fit for purpose to serve clinical needs in the community For: Dr Jane McAdam, Associate Dean, Enterprise and Engagement, University of Salford and Member of Royal College of Podiatry Council Manju Mital, Senior Lecturer and Programme Lead, University of Northampton Against: Nicola Blower, MSK Podiatrist and Co-Director, Walkrite David Wylie, Associate Director NMAHP, NHS Education for Scotland
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11:45	Final Keynote Ed Hollamby, The Sumo Guy
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12:15	Awards and Chairs closing remarks
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12:20-13:40 Lunch, Refreshments and Exhibition

EXHIBITION HALL

Exhibition close

13:40-15:10 SPECIALIST CPD WORKSHOP SESSIONS E

E1 Main session	Dermatology live and unplanned <i>Dr Ivan Bristow, Podiatrist, New Forest, UK and Dr Kash Bhatti, GP and GPwER (Dermatology), The Mid Yorkshire Hospitals NHS Trust</i>	HALL 1C
E2 Workshop Limited capacity pre-booked only	WOUND CARE CASTING WORKSHOP <ul style="list-style-type: none"> Neil Tarn, Orthopaedic Medical Advisor, Essity Ashley Clydesdale, Product Manager, Essity Mark Rees, British Orthopaedic Association Beth Tite, British Orthopaedic Association 	ROOM 11BC
E3 Limited capacity pre-booked only	SUTURING WORKSHOP <ul style="list-style-type: none"> Julian Pavier, Consultant Podiatric Surgeon, Nottinghamshire Healthcare NHS Trust Sharon Clee, Specialist Registrar in Podiatric Surgery, Nottinghamshire Healthcare Jade Tang, Specialist Registrar in Podiatric Surgery Andrea Gledhill, Specialist Registrar in Podiatric Surgery, Great Western Hospitals NHS Trust 	ROOM 3A
E4	CHILDREN'S FOOTWEAR Key concepts in children's footwear <ul style="list-style-type: none"> Matthew Hill, PhD Student, MSK Specialist Podiatrist, Staffordshire University and Midlands Partnership Foundation Trust Johnathan Varnavas, Precious Sole 	ROOM 11A
E5 Limited capacity pre-booked only	DIABETES AND VASCULAR WORKSHOP <ul style="list-style-type: none"> Sue Matthews, Vascular Specialist Podiatrist, Manchester Leg Circulation Service, Manchester University NHS Foundation Trust. Chair of The Royal College of Podiatry Vascular Special Advisory Group Pam Smith, Vascular Specialist Podiatrist Martin Fox, Vascular Specialist Podiatrist, Manchester Local Care Organisation, Council Member and Chair, Clinical Senate, The Royal College of Podiatry 	ROOM 3B
E6 13:40-15:40	Save a Life: 2 hour Red Cross BLS training (Fully-booked) Check registration for availability extra fee applies	ROOM 13
E7	Writing for publication <ul style="list-style-type: none"> Emma Godfrey, Editor, The Podiatrist Fran Campbell, Clinical Lead in Podiatry and Biomechanics, Accelerate CIC Members of the editorial board 	ROOM 4B
E8	EPIDERMOLYSIS BULLOSA (EB) WORKSHOP <i>Dr M. Tariq Khan, Consultant Podiatrist, Director of the Marigold Clinic and Podiatry Lead to Debra UK</i>	ROOM 12

15:10 Conference close and depart



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DEMO ZONE AND WORKSHOP PROGRAMME INFORMATION

Thursday 7 July



Orca Medical Ultrasound Workshop Programme **ROOM 14**

14:45-15:45	Concurrent session A	Ultrasound Workshop 1
16:45-17:45	Plenary Session	Ultrasound Workshop 2

15:50-16:05



Talarmade demo zone 1:

Evidence-based design footwear to reduce and redistribute plantar forefoot pressures

Simon Dickinson, Clinical Director & Consultant Orthotist at TalarMade

16.15 – 16.30



Firefly Orthoses demo zone 2:

Treatment of foot drop utilising the Richie brace

Zoe Wilson

The Richie Brace is a hugely popular ankle foot orthoses supplied by Firefly. It is commonly prescribed to treat a range of pathologies including Flatfoot, Dropfoot and other related tendon injuries around the foot and ankle. Zoe Wilson successfully treats a range of pathologies using the Richie Brace from her ZW Foot & Ankle clinics in Cumbria.

18.15 – 18.30



Emblation demo zone 3:

Swift® Treatment Demonstration

Matthew Butters, Podiatrist and experienced Swift treatment provider

Experienced Swift treatment provider and Podiatrist, Matthew will demonstrate the simple steps required to treat a verruca using Swift microwave technology.

Friday 8 July



Orca Medical Ultrasound Workshop Programme **ROOM 14**

09:00-11:00	Plenary session	Ultrasound Workshop 3
11:45-12:45	Concurrent session B	Ultrasound Workshop 4
13:45-14:45	Concurrent session C	Ultrasound Workshop 5
15:45-16:45	Plenary session	Ultrasound Workshop 6

11.15 – 11.30



3D Ortho Pro demo zone 4:

The benefits of a digital workflow for custom 3DP foot orthoses

Doug Young BDM & Orthotist

In this session we will demonstrate the benefits that our 8sole software brings to the clinician

13.15-13.30



ALGEOS demo zone 5:

An Introduction to Guided Dolorclast Therapy and how it can help boost your practice

Graham Beck, Technical Support Manager.

14:50-15:05



Talarmade demo zone 6:

Plantar plate dysfunction, how to quickly and easily provide a solution

James Johnstone

15.15 – 15.30



Canonbury demo zone 7:

Introducing SafeTPen™

Michelle Gibson, MSc in Podiatry. MRCPod

The revolutionary alternative for the application of Liquid Phenol 89% USP.

17.15 - 18.15



Firefly sponsored session

Firefly Orthoses Case History Panel Session

Zoe Wilson chairs a panel session featuring Greg Gillanders, Maddie Tait, Sarah O'Connell and Glen Foley each presenting unique orthotic therapy case histories with drinks reception.

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Access

The ACC is fully accessible by wheelchair to all public areas by ramp or lift. If you have any access requirements, specifically in the auditorium, then do please let a member of the organising team know. Alternatively, you may ask any member of staff at the ACC.

Admission to conference sessions

Admission to conference sessions is strictly by badge only. Please ensure you are in your seat at least five minutes before the start of each session and that any phones or other electronic devices are turned to silent.

Attendee list

A downloadable list of participants (subject to the delegates' permission) is part of your digital delegate bag.

Badges

In the interests of security, please make sure that your name badge is always clearly visible. If you lose your badge, please ask the staff at the registration desk to enable you to reprint a replacement as soon as possible.

Certificates of attendance

Certificates will be emailed to delegates within two weeks of the conference taking place. The certificate will reflect the number of days attended and the number of learning hours awarded.

Cloakroom

There is a cloakroom for general use on the ground floor of the ACC. Additional space will be made available for luggage on Saturday. The cloakrooms are always attended by a member of ACC staff; please note, however, that items are left at your own risk.

RCPod exhibition stand

The Royal College of Podiatry staff and representatives will be available on the College stand in the exhibition hall throughout the conference. Staff will be able to assist with membership enquiries, advice and support and will have a wealth of information to hand. To reduce paper waste, staff will use iPads and no physical leaflets or resources will be available.

Conference presentations

Presentations from the conference will be available to download from www.rcpod.org.uk/rcpod22 after the conference (subject to agreement by the speakers).

Council members

College Council members in attendance will be available on the College exhibition stand in Hall 2 during lunch and refreshment breaks to answer any queries.

Hours of learning

Thursday 7 July	5 hours
Friday 8 July	5 hours
Saturday 9 July	3 hours 20 minutes

Emergencies

In the event of an emergency please contact a member of staff from Profile Productions or a member of the ACC security staff, who you will see throughout the building. In all other instances, please dial 999.

Exhibition

The exhibition is an integral part of this conference and the support of all the organisations at the event is greatly appreciated. Please take your time to visit the exhibition in Hall 2. To see a full list of exhibitors at this year's conference, visit: rcpod.org.uk/rcpod22/exhibitors

Thursday 7 July	1.30pm – 7pm
Friday 8 July	8.15am – 4.30pm
Saturday 9 July	8.30am – 2.00pm

Hearing loop

Should you require this service, please visit the registration desk so that we can ensure it is in place for the sessions you are attending wherever possible. Note that not all the rooms have this equipment.

Lunch

Delegates' lunches are available to purchase on Thursday, Friday and Saturday from all the catering points within the exhibition (Hall 2). There are several catering points available so please use them all to avoid congestion. A range of hot and cold food and refreshments will be available to purchase. Please note that cash is not accepted, and all transactions are contactless. Please refer to the exhibition plan in this handbook to see catering point locations. Water coolers are also located around the ACC.

People's poster prize

We are asking delegates to vote for their favourite poster via the online poster showcase. Please scan the QR code and select "People's Poster Prize – Vote Here!". Voting will close at 8pm on Friday 8 July. The prize will be presented in the final plenary session on Saturday 9 July.



Photo and video production

Please refrain from taking pictures of the presentations at any time.

There will be photography and/or video production taking place during the conference and the resulting images may be used for promotional purposes online and/or in printed materials. Delegates who do not wish their images to be included in the material should contact the organisers by email at rcpod@profileproductions.co.uk. Neither the College or Profile Productions can be held responsible for your image appearing in photography or video taken by anyone attending the conference.

Poster presentations

Posters are hosted on an interactive online platform. Boards displaying a short synopsis of the poster and a QR code which you can scan with your mobile device to see the full posters will be on display in Hall 2. There will be rapid-fire presentations on Thursday during the welcome reception in the demo zone and at the e-poster display screens. Please refer to the poster section in this handbook for full details of all the presentations.

CONFERENCE INFORMATION

To view the online poster display, please scan the QR code here with your mobile device.



Open your camera app on your phone, hover over the image, and a pop-up should appear with an option to go to the poster showcase.

Prayer room

If you require a quiet space to pray, we have allocated a room for your use. Please speak to the registration staff who will direct you.

Refreshments

Complimentary refreshments will be served in the exhibition (Hall 2) during the refreshment breaks indicated on the programme. There are several catering points available so please use them all to avoid congestion.

Registration desk

If you have any enquiries please make your way to the registration desk on the main area where staff from the College and Profile Productions will be at hand to answer any questions or deal with concerns that you may have. Official opening times are:

Thursday 7 July	8.30am – 6.30pm
Friday 8 July	8.15am – 6pm
Saturday 9 July	8.30am – 3.30pm

Security

In the interests of security, security personnel will be in different areas of the ACC. Should you wish to report anything please talk to one of the security staff or contact a member of the conference team at the registration desk.

Speaker listings

To see who is speaking at this year's conference, a full list is available to view at rcpod.org.uk/rcpod22/speakers

Speaker preview and lounge

The speaker preview room is in Room 4A on the upper level. Speakers are kindly asked to visit the preview room at least two hours before their session to upload their presentation and check it through with the technical team. Refreshments will be available.

Twitter and social media

Delegates are strongly encouraged to Tweet ideas, debate and chat or to send comments at #RCPOD22 during the conference.

Wellbeing

The health and wellbeing of all our delegates, speakers, exhibitors and staff will always be our number one priority. We would ask you to respect social distancing where possible and to respect others. Socially distanced seating areas are available at the rear of all sessions. Face coverings are welcomed.

Health and Wellbeing programme of activities

• 5km fun run

Run, jog or walk 5km circular route along the river. Meet colleagues outside the main entrance at 7.15am

• Yoga

Join Sally Gates on Friday evening to relax, stretch and unwind after a busy day at conference

• Step Challenge

Daily prize for the delegate who walks the furthest whilst at conference. Screenshot your step counter and post it on Twitter tagging in @roycolpod or email it to rcpod@profileproductions.co.uk by 7am the next day. The winners will be announced on screens and on social media.

Wi-Fi

The conference is offering delegates access to a free Wi-Fi service in the venue.

Sustainability

PODIATRY 2022
STEP INTO THE FUTURE

ACC LIVERPOOL

- 100% renewable energy certified
- Sends ZERO waste to landfill
- Eliminated single plastics use in the Convention Centre
- 925 photovoltaic panels installed in the Exhibition Centre providing renewable energy for the venue campus for the next 20 years
- Rainwater harvesting across the venue to support with reusable water usage, providing 40% of water for flushing across the venue campus

ANNUAL CONFERENCE & EXHIBITION
ACC LIVERPOOL

ROYAL COLLEGE of PODIATRY

BENEFITS OF ATTENDING:
ENVIRONMENT, SUSTAINABILITY & CLIMATE ACTION

7-9 JULY
RCPOD.ORG.UK/RCPOD22

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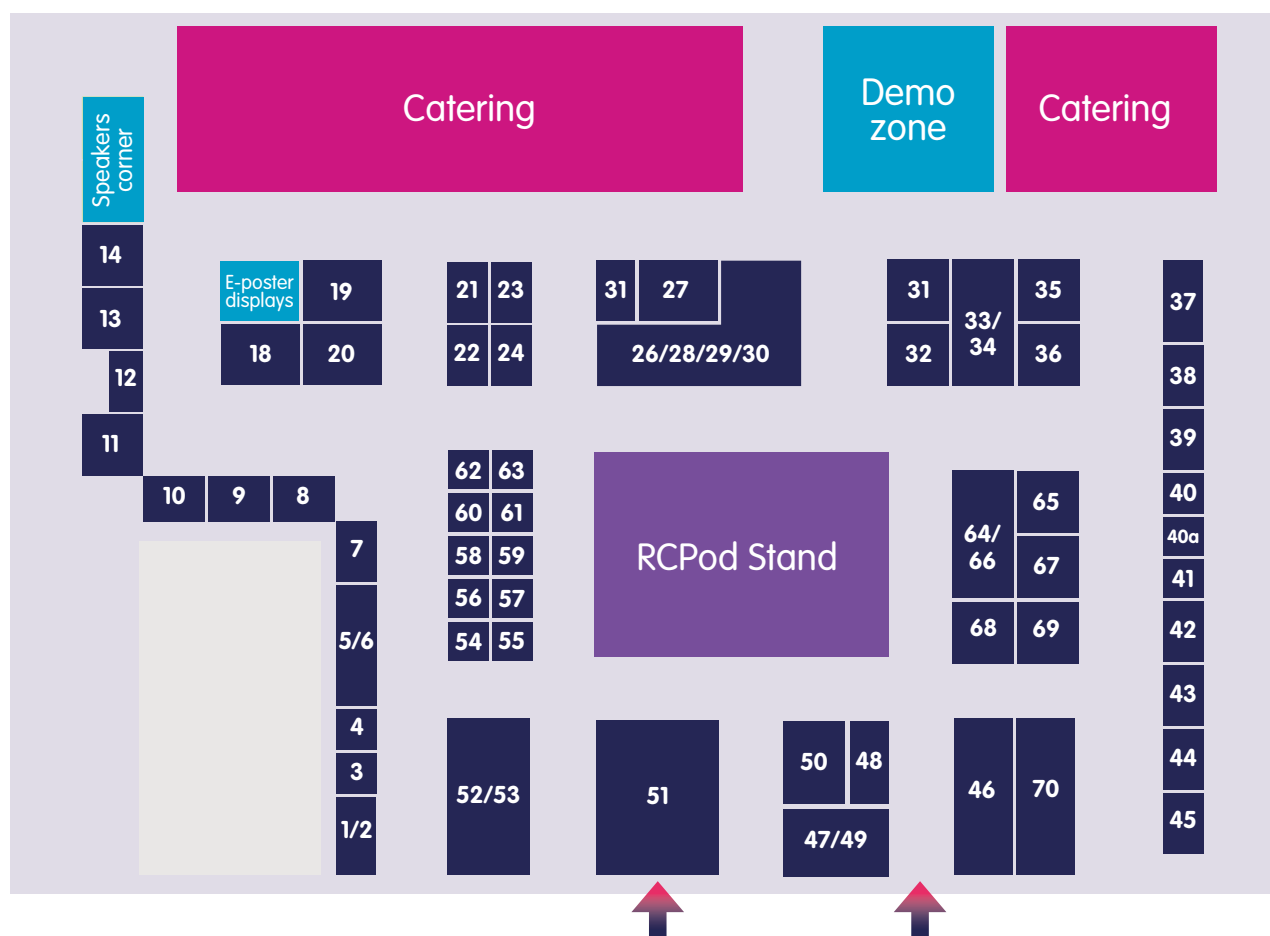
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3D Ortho Pro

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Owned and managed by clinical Orthotists with over 70 years combined experience, the management of 3D Ortho Products know and understand the complexities of seamlessly developing and delivering award winning products to clinicians for the benefit of their patients and clients. As assessment, scanning, model development and 3D printing technologies advance, 3D Ortho Products is proud to be offering Invent Medical's cutting edge products and services to UK orthotic prescribers.

Algeos Ltd

51



Algeos, a leading solution provider, designs and develops many products under its own brands and also distributes world-leading brands, which positively impacts clinical outcome, within the Podiatry, Physiotherapy and Orthotic and Prosthetic, Footwear, and Pressure Relief markets. They manufacture and distribute rehabilitation products, materials and technology offering the highest possible service, product quality, and education to their large customer base of clinicians, technicians, end users, patients and distributors. For more information, please visit www.algeos.com

AF Association

58



AF Association (AF Assoc): working to provide information, support and access to established, new or innovative treatments for Atrial Fibrillation (AF).

American Board of Podiatric Medicine International

14



Join Podiatry's best practitioners the world over with a certification from the American Board of Podiatric Medicine International! The ABPMi is a professional organization serving Podiatric practitioners worldwide. Certification with ABPMi is a voluntary step undertaken following the completion of physician licensure that demonstrates a high level of professional competence within the field. Certification can provide numerous benefits to providers, including additional prestige and competitiveness for physicians and their institutions; reassurance and confidence to prospective patients; and ultimately the facilitation of a meaningful difference in patient success, every time. This credential confirms your status as a top podiatrist.

Certification with ABPMi is conferred through a single examination, administered annually in your country every September. Registration is now open for the 2022 examination session. Stop by ABPM International's booth for more information and to register!

Arch Support

40



Arch Support is a registered charity (no 1193688) providing financial support via grants to members and their families who may be experiencing difficulties. We are attending the College's Annual Conference this year and we hope to see you at our stand in the main Royal College of Podiatry area. The stand will have information on how to apply for assistance and what is available to support members. We will also be speaking to delegates and getting feedback on themes highlighted in our recently commissioned online survey.

Arthritis Action

41



Arthritis Action is the UK charity giving hands-on, practical help to improve the quality of life of people affected by arthritis. We offer an integrated self-management approach, which looks at both the physical and mental health impact of living with arthritis. We support people living with musculoskeletal conditions through healthy eating advice, mental health resources, pain management techniques, local Groups, and exercise advice and resources. We also offer one-to-one nutritional consultations; access to clinical appointments with our network of osteopaths, physiotherapists, and acupuncturists; and a personalised pathway for goal setting, through our Membership, to help people take control of their arthritis and enjoy life to the full.

Bailey Instruments Ltd

20



Bailey Instruments very much look forward to welcoming you to the stand. We have been providing high quality reusable podiatry equipment for over 30 years. Come and see our susol range of single use instruments and accessories which are at the cutting edge of the single use market. What's new at Bailey's? Throughout the event there will be the opportunity to see the latest Podium Professional Thermography foot scanner in action on our stand. Have your feet scanned and talk to the Thermography team about how you can improve patient outcomes.

Biocomposites

63



Biocomposites is an international medical device company that engineers, manufactures and markets world leading products for use in infection management in bone and soft tissue. Based in Keele, UK, it has global operations across Europe, USA, Canada, China and India. Biocomposites is a world leader in the development of innovative calcium compounds for surgical use. Its products target a broad spectrum of infection risks across a variety of specialities, including musculoskeletal infection, orthopaedics, trauma, spine, foot and ankle and podiatry. Biocomposites products are now used in over 100,000 procedures per annum and sold in more than 40 countries around the world.

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C&P Medical

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WELCOME TO MYFOOTCARESUPPLIES.COM

FOOTCARE, CHIROPODY AND PODIATRY SUPPLIES AT WHOLESALE PRICES!

myfootcaresupplies.com is run by C&P Medical Trading Ltd specifically to serve the needs of podiatrists and chiropodists.

C&P Medical Trading Ltd is a wholesaler, who have been supplying medical products since 1998- we buy in bulk, branded disposable medical products and sell them to smaller wholesalers and also directly to podiatrists and chiropodists. This keeps our prices very competitive.

Canonbury Healthcare

26, 28, 29 & 30



Hans and the Canonbury team are excited to welcome you back to the Canonbury stand once again at this year's conference in

Liverpool. We are delighted to showcase our range of new and exciting equipment including drills, patient chairs, units and lighting from podiatry's most popular and innovative brands. Visit the Canonbury stand for demonstrations on advanced treatment options for your patients including Digitsole Pro Gait Analysis, Heine DELTAone Dermatoscopes and the NEW SafeTPen™ the revolutionary alternative for the application of Liquid Phenol.

We hope you enjoy the conference and your time in Liverpool.

www.canonbury.com
Tel: 01280 706661

Celtic SMR Healthcare

61



Celtic SMR Healthcare Ltd is a rapidly growing company in the healthcare markets delivering therapeutic and diagnostic equipment, with 30 years of experience. Providing leading x-ray, ultrasound, therapeutic laser equipment. We pride ourselves on developing strong and long-lasting relationships with our customers and are committed to providing excellent customer service, training and support. With our small and friendly team of equipment specialists, engineers and account managers, we are able to offer a very personal service, empowering customers to maximise the use of their imaging and therapeutic equipment to help provide the best possible care to your patients.

Chaneco Ltd

43



Chaneco are proud to be one of the largest suppliers of Orthopaedic footwear and Orthotics in the country and are currently celebrating our 50th year in the industry. Our customers include NHS and private hospitals, healthcare organisations, private companies and individuals throughout the UK and beyond. We manufacture adult orthopaedic footwear, as well as our Smart Steps paediatric range; custom made insoles including TCI's and FFO's, and orthotics such as AFO's, DAFO's etc. We also import and distribute a large range of stock orthotic products, supports and braces sourced from leading manufacturers throughout the world, available on a next working day delivery service.

CLINIQ APPS

44



CLINIQ APPS help's you grow your practice, reduce your workload, and build deeper relationships with your patients. We automate all messaging from first bookings to ensuring happy patients and beyond. Some of the amazing functionality includes automatically managing the patient digital journey, sending unlimited number of appointment confirmation & appointment reminders communications, information specific to unique appointments, clinical location, patient forms, patient feedback & satisfaction tracker, automatically request Google reviews, automatically manage appointments that were cancelled or not attended and best of all, measure and track your practice performance with powerful and flexible dashboards using the KPIs you care about most.

Clover UK

11



Taking payments with Clover, helps take the load off your feet! Clover smart payment and commerce solutions are all-in-one systems that help your business thrive, giving you the latest payment technology to help you run your practice.

With Clover, you can:

- Take all major payment types- Chip and PIN, magnetic stripe, Google Pay®, Apple Pay®, everyday credit and debit cards, plus contactless payments.
- Get to know your customer's data- We'll give you insights into your business. You'll have detailed reports on sales at your fingertips and get to know your employee and customer behaviour.

Cosyfeet - Extra Roomy Footwear, Socks & Hosiery

22



The original extra wide, extra deep, extra roomy footwear company. We believe that swollen feet should have the most comfortable, stylish footwear possible. That's why we combine the latest trends with premium materials, expert shoemaking and advanced foot comfort technology to offer a great range for both men and women. We also offer a comprehensive range of extra roomy socks and diabetic friendly socks and hosiery.

Visit our stand to see our latest developments and find out more about our free resources to make recommending our products to your patients easy.



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Cuxson Gerrard & Co Ltd

47 & 49



Cuxson Gerrard & Co. Ltd. is a leader in the research, development and manufacture of products for podiatry and medical use. For 140 years, Cuxson Gerrard has pioneered many new products earning a reputation for reliability and quality. Cuxson Gerrard's Hapla brand has developed a comprehensive range of specialist materials to ensure that the podiatrist can treat a variety of foot and lower limb complaints where pressure reduction/offloading, absorption of shock energy/cushioning, reduction of shearing stresses and joint function alteration are required.

Dermatronics

48



Dermatronics keep innovating with fabulous well researched highly effective skin care products with natural ingredients that you and your patients will adore. Dermatronics keep innovating with fabulous, well researched, highly effective products with natural ingredients that you and your patients will adore. We've worked with Key Opinion Leaders in the COP to create the unmatched evidence base for our prescription products and then used that base for our new range which combines science and nature in a way which meets patients needs without sacrificing quality or efficacy. Our new Sensi-Pedi concept creates an opportunity to increase your turnover while adding a little pampering to your treatment regime. Many patients love being pampered so its a logical add on to the services you offer.

Diabetes UK

40a



Diabetes UK is leading the fight against the most devastating and fastest growing health crisis of our time. Working closely with healthcare professionals is central to making sure that everyone with diabetes gets the care they deserve, whether that be through prompt diagnosis, clinical care or support. We want to help people with diabetes live a full and healthy life. This means giving them the right knowledge at the right time, to help prevent or delay complications.

Diabetic Foot Journal

56



OmniaMed Communications Ltd – The Diabetic Foot Journal, published quarterly both online and in print, is the peer-reviewed publication journal for healthcare professionals involved in the care of the diabetic foot and is now in its 18th year. The journal provides a unified educational and communication vehicle for all healthcare professionals involved in the management of the diabetic foot and brings the reader the most topical, practical and relevant content available in the field. It is published by Omnia Med Ltd, a leading specialist publishing and events company aimed at healthcare professionals working in the area of diabetes care.

DLT Podiatry

52 & 53



DLT are committed to providing a wide selection of products, prompt and friendly service, and competitive prices. Our knowledgeable team has many years of experience and will be on hand to answer any questions you may have. View our comprehensive range of quality European manufactured equipment along with our own branded Podopro products, including Phenol Swab-It produced at our headquarters in Yorkshire.

Our extensive range of retail products including the ever-popular Dr's Remedy, latest range of Thought socks and Body Essentials along with instruments will be available to buy on the day at show prices. Visit us at stand 52-53.

East Coast Podiatry

50

+ EAST COAST PODIATRY®

Seek a career or placement with us in sunny Singapore! East Coast Podiatry is the most established private podiatry group practice in Asia. We are a multi-cultural team known for our strong work ethic and lively team culture. We are a team with a wide scope of advanced clinical practice, offering close clinical guidance and mentorship. Your daily task will be to work, observe and learn under a consulting podiatrist, as you hone your skills to be the best you can be in podiatry.

So if you are searching for an adventure, meet us at Stand 50 for a discussion!

Espère Healthcare Ltd

25



Verrutop. Rapidly becoming accepted as one of the front-line treatments for Verrucae. Quick and easy to apply and virtually painless. Many Podiatrists now include this in their list of regular treatment options and with marketing materials provided free of charge Espère is doing its bit to help you grow your business. But that's not all! We're building a nice group of products to support podiatry from Abilar to treat wounds to Abicin fungal nail lacquer. All evidence based and all cost effective. Come and spend a few minutes with us and see how we can help you help your patients.

Essity

38



Essity is a leading global hygiene and health company. We are dedicated to improving well-being through our products and services. Sales are conducted in approximately 150 countries under the leading global brands TENA and Tork, and other strong brands, such as JOBST, Leukoplast, Libero, Libresse, Lotus, Nosotras, Saba, Tempo, Vinda and Zewa. Essity has about 46,000 employees. Net sales in 2020 amounted to approximately SEK 122bn (EUR 11.6bn). The company's headquarters is located in Stockholm, Sweden, and Essity is listed on Nasdaq Stockholm. Essity breaks barriers to well-being and contributes to a healthy, sustainable and circular society.

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EXCEL HEALTHCARE

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Excel Healthcare is a friendly, family run business established since 1983. We aim to supply the most up to date equipment at affordable prices. Our dedicated team work tirelessly on your behalf to provide a knowledgeable and efficient sales and after sales service, helping you to choose an autoclave that best suits your exact requirements. By incorporating into our autoclaves the latest technological advances, we are assured that we are able to supply the most modern and up to date equipment within the United Kingdom. With our total commitment to providing a reliable and efficient after sales service our customers can always feel confident with their purchase.

Factotum Telephone Answering Services

62



With cost management, staff levels and customer service so important, by partnering with Factotum you can be confident that your Podiatry business is able to achieve maximum performance and efficiency. We understand the demands of running a clinic where a Podiatrist may be a multi-tasker and that the phone doesn't always get answered. You may be with a patient, or your reception is not available, or your phone is engaged, and that callers hang up and call your competition. By partnering with Factotum you are in business for yourself but you are not by yourself!

Firefly Orthoses Ltd

64 & 66



For two decades, Firefly Orthoses have been designing, manufacturing and supplying the podiatry profession with premium custom made foot orthoses. Our technical support team work closely with our client base helping them create the most appropriate orthotic designs and prescriptions to achieve better patient outcomes.

Our laboratory consistently achieves excellence in the standard of our devices. We manufacture orthotic devices from plaster cast moulds, bio foam impressions and digital foot scans with our FUSION 3D scanning app for iPad. At this year's conference, Firefly will be on stand 64. We look forward to meeting you and answering any questions you have about our range of custom-made foot orthoses.

Flexitol - Thornton & Ross Ltd

42



Flexitol provides a range of Urea-based creams offering both OTC and prescription products. It provides consumers and patients with an efficacious solution for dry skin on the feet and is suitable for diabetics. Flexitol is developed in the UK by Thornton & Ross Ltd, a leading dermatology manufacturer.

Foothealth UK Ltd

46



Foothealth UK are a fast growing and respected supplier of foot orthotics supplying thousands of hand crafted, bespoke orthotics every year. We offer a range of CAD CAM and 3D printed orthotics & prescription sandals using foot scanning technologies as well as provide educational workshops, training and seminars. Our reputation for providing outstanding customer care, quality, knowledge, efficiency & reliability enables our customers to have complete confidence in our services. 2021 saw the launch of our revolutionary in clinic printing a greener and swifter orthotic method reducing costs of prescription devices, swift turnaround and advancing the future of the industry. Visit us to see the technology in action.

Footmender All in One

54



Footmender All in One treats and heals dry feet, hard skin, corns and cracked heels effectively with one single product.

Formthotics UK

12



A pioneer and world leader in the design and manufacture of prefabricated orthotics, Formthotics™ help people lead active and pain-free lives. Manufactured in New Zealand and backed by 4 decades of research and development, Formthotics are proven to prevent injuries and falls, treat lower limb and back pain, and provide a greater level comfort and enhanced performance. In just a few minutes, Formthotics can be heated and fitted, moulding to the shape of the foot and shoe to deliver a personalised fit. Today, Formthotics are exported to over 50 countries and worn by millions of people around the world and are proud to help keep people active around the world.

Fyous

60



Affordable custom-fit footwear made on-demand in minutes. We don't hold stock. We make only what is needed, and it fits the first time. Design & made in the UK.

Gait and Motion Technology Ltd

32



Gait and Motion Technology look forward to launching the new Phits+ and V9 design software. Next-level software that will provide the clinician full control to create the perfect bespoke orthotic. Phits is the world's first high-tech 3D printed insole, specifically designed based on your dynamic gait analysis using Footscan®. Optimal efficiency, superior stability and extreme durability. The Phits design portal is integrated within the Footscan® v9 Software. Prescribing bespoke insoles has never been more simple with precise, scientifically calculated parameters to help ensure the perfect Phit! Come and say hello we are on Stand 32



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Grahame Gardner Ltd

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As the official supplier of uniform and leisurewear to the Royal College of Podiatry, Grahame Gardner Ltd have a carefully selected a range of branded garments for members. From tunics and scrubs to polos and hoodies, our garments offer cutting edge designs and technical fabrics with moisture management properties to ensure unbeatable comfort. We offer a variety of styles, alternative fits and colour choices plus optional personalisation with the official Royal College of Podiatry logos to meet your own needs and enable you to feel confident, professional and comfortable in your uniforms day in, day out.

www.grahamegardner.co.uk
0116 255 6326
sales@grahamegardner.co.uk

Healthy Step

24



Healthy Step designs, develops and manufactures a range of lower limb products to enable podiatrists to effectively treat conditions of the foot and ankle. Our XLine orthotics are used throughout the UK by NHS and private practices alike, and our Foot Pump Socks are the ideal solution for improving blood flow in the lower limbs. This year we will have new products on the stand to further enhance our portfolio of high quality devices. We look forward to welcoming you onto our stand.

Henry Schein Medical

27



Henry Schein Inc is a solutions company for health care professionals powered by a network of people and technology. With nearly 22,000 Team Schein Members worldwide, the Company's network of trusted advisors provides more than 1 million customers globally with more than 300 valued solutions that help improve operational success and clinical outcomes. Our Business, Clinical, Technology, and Supply Chain solutions help office-based dental and medical practitioners work more efficiently so they can provide quality care more effectively. These solutions also support GP Practices, Hospitals, laboratories, government, and institutional health care clinics, as well as other alternate care sites.

HOKA

35



Built by runners for runners, HOKA running shoes elevate your potential on the track, in the field, on the road and everywhere in between. Founded in 2009, HOKA is a Maori word meaning 'to fly over the earth' - and when you've felt the HOKA difference, you'll know just what we mean. Supreme cushioning to soften impact. Ultra light for a weightless gait. Enhanced stability and support with every step. Originally designed to improve downhill stability and traction, our original HOKA ONE ONE changed the game, introducing groundbreaking ergonomic technology and redefining running shoes.

Huntleigh

3



A MEMBER OF THE ARJO FAMILY

As a proud member of the Arjo family, we believe that great healthcare is always a collective effort. The greatest contribution we can provide to patients, and the professionals who care for them, is confidence. This is what we have been striving for since 1979, with innovative solutions in vascular care, fetal and patient monitoring. Solutions that can assist clinicians in improving outcomes and enhancing patient wellbeing. Whether it's the safe delivery of a new life, improving the day-to-day quality of life or monitoring life's vital signs, we aim for clinical excellence and improved performance, for life.

ICB Orthotics

55



ICB Orthotics are at the forefront of heat moulding orthotic design and development. ICB's patented dual density design and construction provides Podiatrists with the most versatile, easily adaptable pre-fabricated orthotic range on the market today. ICB's premier heat moulding orthotic range allows for quick and easy fitting, modification and customisation, in the clinic setting. With a wide range of styles, sizes, densities and orthotic additions, there is an ICB Orthotic to suit every patient. ICB Orthotics enable Podiatrists to provide patients with cost-efficient, yet highly effective lower limb biomechanical treatment.

Joya Shoes

37



Health is our highest priority. Therefore, we are very pleased to create true problem solvers for over 14 years now. We at Joya firmly believe that any pain at the musculoskeletal system should not limit you. We are specialized in developing footwear, that activates and relieves muscles, so that our customers are able to stay mobile for a lifetime. Following our guiding principle - «therapy instead of surgery» - we encourage people to rethink and put a stop on the rising health costs, caused by unnecessary surgeries. Whether back pain, herniated disc, foot, knee or joint pain- Joya offers relief and comfort at all times!

VBS Medical Ltd (K-Laser UK)

31



K-Laser is the global leader in therapeutic lasers for Podiatry and Physiotherapy, used in 50 countries worldwide. The culmination of 30 years of R&D into laser technologies and medical research in international centres of excellence. K-Laser UK offers CPD courses to educate podiatrists and physiotherapists of the science behind the therapy, the correct treatment delivery and technical features of therapeutic lasers. Through extensive training and ongoing clinical assistance, K-Laser UK ensures that each practice adopting K-Laser therapy is given the best possible knowledge in practical use, clinical competence and marketing promotion of the new service provided to their patients.

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LBG Medical/Strive Footwear

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At LBG Medical our mission is to enable as many people as possible to enjoy superior foot care to improve their quality of life.

Since 1980 we have had a deep rooted passion and dedication to providing high performance, clinically proven foot orthotics and footwear.

Every member of our team is dedicated to your happiness, whether it be through our friendly customer service, innovative product design or expert product advice and renowned technical support.

LIMBO WATERPROOF PROTECTORS

4



Restore quality of life and help your patients get back into the bath or shower!

For over 25 years the Limbo has solved the problem of bathing/showering without getting dressings or casts wet. Half leg and foot models are available on FP10. Easy to put on and comfortable with a soft neoprene seal ensuring no constriction. Limbos are made from strong durable materials and are 100% latex free.

The Foot Limbo is great for patients after toe or nail surgery or with verrucas.

LimbOs are available to buy at the conference and we offer bulk discounts.

www.limboproducts.co.uk
Tel: 01243 573417

Only Footcare Ltd

10



ONLY FOOTCARE

Only Footcare Ltd brings innovative products to the foot health professional. Our Verruca Pen, using plasma technology is gaining fans around the UK. Toeflex

Hybrid nail reconstructions are making life easier, due to the speed of application. The Onyfix Nail Correction system offers solutions for multiple nail dystrophies and Podoexpert foot foams round off our collection. Come and see us for a demonstration and free sample.

Orca Medical

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Orca Medical are experts in ultrasound provision. We provide portable systems, Courses, and Hosting services. Purchasing

an ultrasound system, attending a course or need support with your event? We provide a complete service based on your requirements. We provide foundation level courses or information regarding advanced courses. We provide ultrasound systems from a variety of manufacturers, with different capabilities to match all budgets. When you host an event there is more than just turning up on the day. We offer a range of support hosting services to ensure your event runs seamlessly.

New this year the ORCA Resource Platform available at www.orcaresource.com

Podiatry NHS Grampian

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Aberdeen, rural Aberdeenshire, the Moray coast and the Grampian Highlands combine all the benefits of a great area to live and the perfect place to develop your studies and ongoing career.

This north-east corner of Scotland offers stunning geography, an excellent quality of life, a vibrant economy, the strong academic traditions of two universities and a worldwide reputation at the forefront of medical research and innovative health care.

Please come and visit us to find out more.

Prestige Healthcare

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Prestige Healthcare is an innovative healthcare company based in North London but with a national reach. Our clinical lead Orthotist, Robert Affutu-Nartey and his team of trained

healthcare professionals from across a range of clinical disciplines, has established pH as a major healthcare provider in the UK with a variety of NHS contracts providing care to thousands of patients. With many years of experience both within the NHS and in private practice.

We offer a range of high-quality products and services including

- Sports injury
- MSK Foot conditions
- Diabetic footwear and off-loading orthoses
- Spinal bracing
- Foot orthotics
- Knee bracing

Schein Orthopädie Service

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Wir helfen

As a family company that embraces its responsibility, we are deeply committed to the production of top-quality foot supports and shoes. We have been dedicated to sustainable and environmentally friendly production for many years and voluntarily undergo annual independent quality auditing by TÜV Rheinland. Every product that leaves our premises helps people to gain more mobility – and thus enhances their well-being.

Sevilla Components Limited

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Sevilla Components Limited is a leading supplier of materials and components to the Orthopaedic, podiatry and footwear industries. Our wide range of products

include Eva, Microfiber, Poron, leather, insoles components. Off the self and bespoke Insoles. Footwear materials, cad cam blocks, Sockets, and much more. We continue to build strong relationships with a network of reputable manufacturers and suppliers throughout Europe.

EXHIBITOR INFORMATION

ShoeFit.uk

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ShoeFit.uk is an idea born from over 20 years of shoe fitting experience and 13 years of working with medical professionals at Precious Soles' award-winning shoe shop. Last year we started working with the Royal College of Podiatry and the British Footwear Association to build a bridge between the two prominent foot health industries with the patients as the focal point. Whether to help a patient find a pair of shoes, provide training to a new or established clinic or NHS department, or seminars for Podiatry students at university, ShoeFit.uk can provide the solutions.

Sidas World UK

5 & 6



As a Sidas World distribution partner we work daily with leading professionals in Podiatry, Physiotherapy, Osteopathy, Sport and Footwear Companies, all of whom have complementary expertise.

Contributing responsibly so that everyone can enjoy their life to the fullest, thanks to solutions adapted to their feet and their body. Established in 2002, Sidas UK are the sole distributors in the UK and Ireland of Sidas World Brands, Point6 and Compeed. Supplying specialist retailers and foot health professionals with a wide range of products and technology so they can satisfy each customer, patient or athlete with comfort, care and well being.

SOCKSHOP

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Here at SOCKSHOP, we are a proud family-run business. Established in 1983, our reputation is built on many years of expertise in the socks and underwear

arena, working alongside a global portfolio of credible retail partners. The IOMI Footnurse selection includes a range of specialised health and wellbeing socks designed to aid the feet, ankles and legs. From extra wide socks, developed to help manage the symptoms of Oedema, Lymphoedema, Fluid Retention and other conditions associated with swollen feet and ankles, to specially designed prosthetic socks for below the knee amputees, diabetic socks, and energising compression socks.

SHUROPODY

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Shuropody are the UK's largest private podiatry provider; our teams proudly treat over 250,000 patients each year and we pride ourselves on delivering the best possible service to everyone who walks through our door. Our unique mix of clinical services and retail, alongside our excellent range of footcare products and cutting edge 3D FootBalance orthotics technology, make us the number one choice for podiatrists at all stages of their career to join the team and grow and develop with us.

Swann Morton

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Located in Sheffield since 1932, Swann-Morton have become a world leader in the manufacture of quality surgical blades, scalpels and handles with a reputation for precision, consistency, and reliability. A wide and varied range provides the practitioner with a choice of tools for each treatment stream enabling them to optimise their patient outcomes and satisfaction.

The Swann-Morton Sabre E/11 blade remains popular for removing areas of hard skin associated with corns and calluses thus minimising discomfort whilst the Fine SM61 and SM62 "single bevel blades" can act like a small chisel which when inserted in and around the nail assists with relief from painful, ingrowing, involuted or thickened toenails.

Swift

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Swift® is an award-winning medical device that has revolutionised the treatment of verrucae and warts. Swift uses microwave energy which is delivered through a

special probe applied to the skin to treat the affected tissue. The treatment area can be highly targeted, and the skin surface is not broken. The procedure is simple, clean, and safe, and only takes a matter of seconds.

Swift® has just celebrated surpassing 100,000 treatments across the UK and Ireland and is now available in many countries across the world. To learn more about Swift®, visit stand 19.

TalarMade Ltd

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TalarMade are a manufacturer and distributor of unique Orthopaedic devices used in the Orthotic, Podiatry, Physiotherapy and Pressure care marketplaces across the world. TalarMade are also providers of clinical Orthotic Services to the NHS in the UK, provided by a highly skilled team of specialist Orthotists employed by the company. TalarMade are owned and managed by professionals from the Orthotic industry with many decades of combined- senior clinical and managerial experience. The company invests heavily in R&D and product development, working closely with key opinion leaders and in close collaboration with academia and professional bodies and networks.

Trycare

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Since 1996 Trycare has been supplying high quality products to health professionals in the UK. Based in Bradford Trycare is an independent dealer with over 28,000 dental and chiropody products supplying thousands of dentists and podiatrists across the UK. As well as your sundries, instruments and equipment, we supply our very own Chirocream, formulated for us by chiropodists. We also supply a vast array of specialist surgical products such as draping & gowning as well as our best selling Biomin toothpaste. Whatever you need, you can get it from Trycare.

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Urgo Medical

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Urgo Medical is a global wound care company offering a range of innovative dressings, compression bandaging and hosiery. We believe strongly in evidence-based care, and pride ourselves on our products having the highest level of clinical evidence available to support their usage.

Our UrgoStart Plus treatment range is recommended by NICE for the treatment of venous leg ulcers and diabetic foot ulcers. Urgo Start Plus is the only dressing proven to reduce healing time of leg ulcers, diabetic foot ulcers and pressure ulcers. Our brands include UrgoStart Plus, UrgoKTwo, UrgoClean Ag and UrgoTul Range

Urgo Medical. Healing people.

www.urgomedical.co.uk

Vernacare Hygiene & Surgical Solutions Ltd

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Vernacare are pioneers of sustainable infection-prevention solutions for healthcare environments.

With a proven history, our products have helped to improve the lives of patients, residents and healthcare professionals, reducing the risk of healthcare associated infections (HCAIs) across the globe.

We are passionate about:

- Preventing the spread of infections
- Providing innovative healthcare solutions
- Sustainable and reliable manufacturing

The portfolio delivers cost effective, efficacious solutions from leading brands including:

- Instrapac® single use instruments
- Sharpsafe® Sharps containers
- Conti® Wet and Dry patient wipes
- Azo™ Surface cleaning and disinfection products

Products are available direct or via NHS Supply Chain and our supply partners.

Tel: 01909 735000

Email: hello@vernacare.com

Web: www.vernacare.com

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- P01** **An Advocacy towards 'Green Podiatry' - Time for Change to help save our Planet**
Cynthia Formosa; Alfred Gatt, University of Malta
- P02** **Safety netting Podiatry patients through the Integration of remote consultations at the onset of the Coronavirus (SARS-CoV-2) Pandemic 2020**
Andrew Latham, Central London Community Health Care Trust
- P03** **Could allied health professionals do more to provide an effective patient-centred approach**
Molly Chilvers, Footcare with Molly
- P04** **The effects of stress on wound healing and the need for a holistic wound assessment**
Maria Cristina Fiol Ekman, Central London Community Health Care Trust
- P05** **A deceptive case of a persistent wound post nail avulsion**
Sofia Karpinski, Podiatry Department, Epsom and St Helier University Hospitals NHS Trust
- P06** **Psoriatic nail disease and podiatric practice**
Sarah Bradshaw, The Foot Pad
- P07** **Glycaemic control and its relation to foot skin Ph in people living with Type 2 Diabetes Mellitus**
Cynthia Formosa; Stephen Mizzi; Neil Micallef, University of Malta
- P08** **The ACT NOW (Accident, Change, Temperature, New pain, Oozing, Wound) Toolkit: an innovative**
Anne Phillips¹; Jayne Robbie²; John Grummitt³; Mike Edmonds⁴; Anita Beckwith³; Charles Odiase³; Patrick Holmes³; Jane Diggle³; Chris Aldred³; ¹Birmingham City University; ²University Hospitals Birmingham NHS Trust/Birmingham City University; ³IDEAL panel; ⁴Kings College Hospital, London
- P09** **The CONNECTPlus App: a patient-focused, interactive, education App for people at risk of diabetic foot disease**
Jennifer Williams¹; Su Stewart¹; Amy Kelly²; Hugh Kelly²; Richard Collings¹; Denise Walker¹; ¹Torbay and South Devon NHS Foundation Trust; ²HCI Digital
- P10** **Gait and plantar pressure analysis in diabetic peripheral neuropathy: a systematic review**
Erica Bartolo¹; Claudia Giacomozzi²; David Coppini³; Alfred Gatt¹; ¹University of Malta; ²Italian National Institute of Health; ³Diabetes & Endocrinology, Mater Dei Hospital
- P11** **Enhanced diabetes foot education delivery in a remote and rural region**
Fiona Main¹; Jane Gorman¹; Claire MacKenzie¹; Sandra Jones¹; Janet Heaton²; Jenny Hall²; Alison Heggie¹; David Macfarlane²; Sandra MacRury³; ¹NHS Highland; ²University of Highlands & Islands; ³University Highlands & Islands
- P12** **Opportunities to develop research experience for Podiatrists across the UK**
Helena Meally¹; David Russell²; Elizabeth McGinnis³; Nikki Dewhurst⁴; Rachael Gilberts³; ¹Birmingham Community Healthcare NHS Foundation Trust; ²Honorary Consultant Vascular Surgeon; ³University of Leeds Clinical Trials Research Unit; ⁴Leeds Teaching Hospitals NHS Trust
- P13** **The use of mental-imagery as a technique from neuro-linguistic programming to revise the femoral triangle**
Catriona Doyle, Private Practice
- P14** **Undergraduate student views about patient-centred care within nail surgery**
Ria Patel; Lindsey Cherry, University of Southampton
- P15** **Developing additional diverse student and apprenticeship placement capacity to meet the Podiatry workforce supply requirements of an ICS**
Diane Sibbald; Barbara Foggo, NENC EELE Team working on behalf of HEE
- P16** **Podiatry in end of life care**
Mark Povey, Kent Community Health NHS Foundation Trust
- P17** **The perceptions of podiatrists of their role in the treatment of patients with osteoporosis**
Tabatha McCormick; Charlotte Lee; Emelyne Holden; Rachael Allen; Emma Cowley, University of Southampton
- P20** **Treating MSK Foot and Ankle patients remotely with orthoses: Is it safe and does it work as a viable treatment option?**
Adam El Shafei, NHS Lanarkshire
- P21** **The static validation of pressures from innovative, single-sensor, in-shoe pressure and temperature monitoring device**
Claire Saliba Thorne; Alfred Gatt; Cynthia Formosa; Clifford DeRaffaele; Abduarahman Bazena, University of Malta
- P22** **The validation of an innovative single-sensor, in-shoe pressure and temperature monitoring device**
Claire Saliba Thorne; Alfred Gatt; Cynthia Formosa; Clifford DeRaffaele; Abduarahman Bazena, University of Malta
- P23** **The Thermo-Pressure Concept: a novel way of diabetic foot screening?**
Alfred Gatt¹; Sarah Perren¹; Nachiappan Chockalingam²; Cynthia Formosa¹; ¹University of Malta; ²Staffordshire University

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