

WHY SHOULD RESEARCH BE PART OF YOUR BUSINESS



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A thank you to



Dr Charlotte Dando



Prof Cathy Bowen



Dr Lucy Gates

Also to



David Rigg



India Fulford

The work force

The majority of Podiatry contacts, happen outside the NHS

How much research is done in private practice?

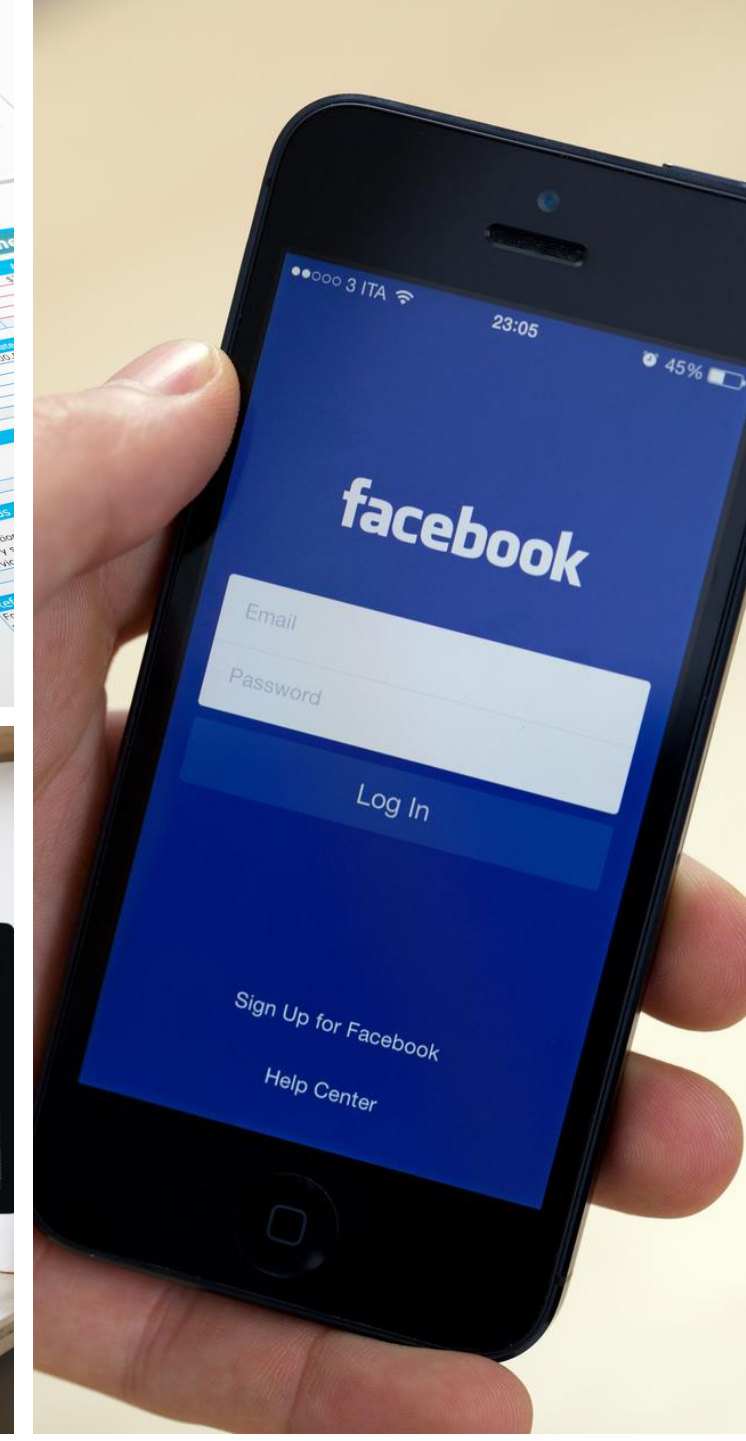
There are lots of perceived barriers

Data is everywhere

We consume data on a daily basis and it is used to help inform our decisions



time to complete
census
questions



1 - continued
remaining questions for your main job
working, your last main job.
main job is the job in which you usually work
the most hours
in job, are (were) you:
employee?
employed or freelance without employer
employed with employer?
tell your full and specific job title?
Employer: Name, Address, Phone, Fax, E-mail, Website, etc.
What is your grade or job level?



Why is it important to Podiatry

Press

C

Commissioning

Helping to show service needs and development of new services.

Press

E

Effectiveness

Are we good and what we do? Do we meet service needs?

Press

R


Review

Allowing us to see areas that need improvement and areas that are working well

What data does Podiatry have?

Research | [Open Access](#) | Published: 13 March 2009

Clinical audit of core podiatry treatment in the NHS

[Lisa Farndon](#) , [Andrew Barnes](#), [Keith Littlewood](#), [Justine Harle](#), [Craig Beecroft](#), [Jaclyn Burnside](#), [Tracey Wheeler](#), [Selwyn Morris](#) & [Stephen J Walters](#)

[Journal of Foot and Ankle Research](#) **2**, Article number: 7 (2009) | [Cite this article](#)

24k Accesses | 20 Citations | 0 Altmetric | [Metrics](#)

Clinical Audit Report: Doncaster Podiatric Surgery Service

Anthony Maher. FCPodS. Specialist Registrar in Podiatric Surgery
Antony Wilkinson. FCPodS. Consultant Podiatric Surgeon

Randomized Controlled Trial > [Gerontology](#). 2018;64(5):503-512. doi: 10.1159/000489171.

Epub 2018 Jun 26.

Cost-Effectiveness of a Multifaceted Podiatry Intervention for the Prevention of Falls in Older People: The REducing Falls with Orthoses and a Multifaceted Podiatry Intervention Trial Findings

[Belen Corbacho](#)¹, [Sarah Cockayne](#)¹, [Caroline Fairhurst](#)¹, [Catherine E Hewitt](#)¹, [Kate Hicks](#)¹, [Anne-Maree Kenan](#)², [Sarah E Lamb](#)³, [Caroline MacIntosh](#)⁴, [Hylton B Menz](#)⁵, [Anthony C Redmond](#)², [Sara Rodgers](#)¹, [Arabella Scantlebury](#)¹, [Judith Watson](#)¹, [David J Torgerson](#)¹, on behalf of the REFORM study

Affiliations + expand

PMID: 29945150 DOI: 10.1159/000489171

[Free article](#)



Outcome tools?



VISA
A



STArT
Back



Personal Wellbeing Score

(PWS)

Research



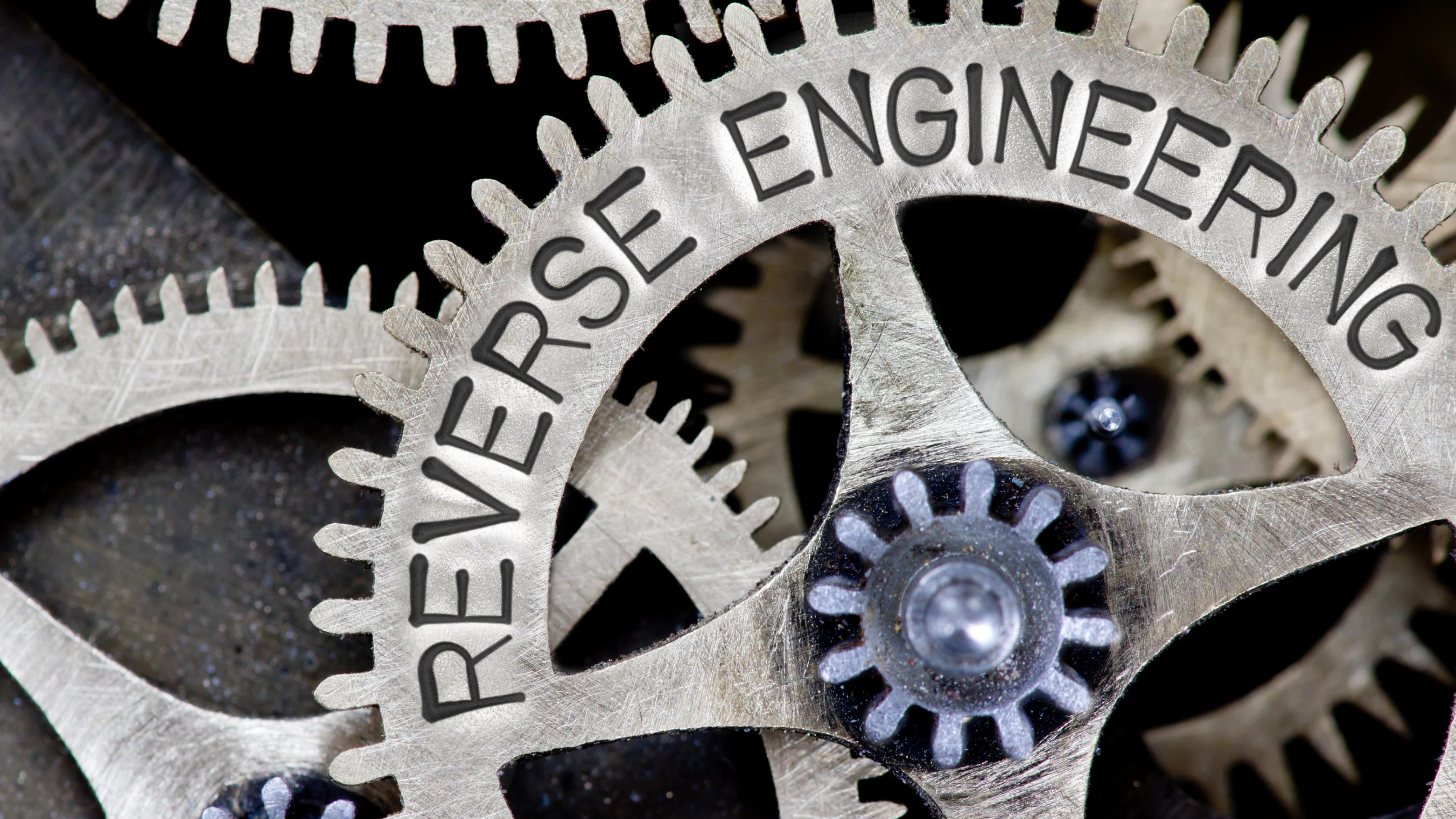
Cost

Time

Team

Ethics

Knowledge



REVERSE ENGINEERING

- Marketing
- Recruitment
- Contribution to the future
- Ideas for more robust research



How do we collect data in clinic



Cliniko



Cliniq Apps



Microsoft Forms

Microsoft Forms

We can automate the process



How has it helped our clinic



How are we doing at NK Active?



How often did we meet the treatment goals of the patient.

What does this mean to people?

"You have helped me enormously; thank you so much. I am now enjoying regular long country walks and bike rides, which I am delighted about. I am so pleased to be able to sit and stand at my desk without discomfort. It isn't just my physical wellbeing that is improved but my mental health too. Being in pain wore me down and made me snappy with my family and I am so grateful to be free of it."

- C Lowe

Average treatment time

14 weeks

Average treatment Length

5 appointments

Average Pain

1/10

Satisfaction

Extremely satisfied



How has it helped our clinic

Posters

Research papers (pending)

Spring board to wider questions

Changed services

After treatment

Months since last appointment

	6	12	18
	N=266	N=191	N=166
Are you currently able to do your day to day routine?	96%	94%	94%
Are you able to participate in the activities/sports you enjoy doing?	84%	84%	84%
Are you doing more activity / sport compared to when you came to see us?	59%	59%	52%

Building bridges

With academia and research centres

We have something to offer in private practice

Working with not against

Clinical academics

Access to ethics

Help with costs

3 Tips to get started?

1 Think. What is the question you want to answer?

2 Build relationships with people

3 Use technology to help

THANK

YOU

Time
End!